

The Filling Station Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Sausages With Yorkshire Pudding Vegetables Mashed Potato & Gravy	Breaded Chicken Burger Served with Potato Wedges & Salad	Chicken Curry Served with Vegetable Rice & Naan Bread	Traditional Beef Lasagne Served with Garlic Bread & Salad	Hot & Spicy Chicken Wings or Battered Cod Served with Chips & Baked Beans or Peas
Vegetarian Meal	Vegetarian Sausages With Yorkshire Pudding Vegetables Mashed Potato & Gravy	Vegetable Frittata Served with Potato Wedges & Salad	Vegetable Curry Served with Vegetable Rice & Naan Bread	Tomato & Vegetable Pasta Bake Served With Garlic Bread & Salad	Vegetable Pizza Served with Chips & Baked Beans or Peas

Salad Bar Available Everyday

Jacket Potato's ,Panini's ,Pasta & Sausage Rolls Available Monday-Thursday

The Filling Station

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Spicy Chicken Fajita Served with Potatoes & Homemade Coleslaw	BBQ Pulled Pork Served on Potato Wedges with Tomato Salsa Guacamole & Cheese	Sweet & Sour Chicken Served with Rice & Prawn Crackers	Minced Beef & Onion Pie Served with Mashed Potato Vegetables & Gravy	Chicken Nuggets Or Battered Cod Served with Chips & Baked Beans or Peas
Vegetarian Meal	Vegetarian Sausage & Bean Slice Served with Potatoes	Vegetarian Bean Chilli Served with Potato Wedges with Tomato Salsa Guacamole & Cheese	Vegetarian Meatballs Served with Pasta & Garlic Bread	Vegetable Quiche Served with Potatoes & Homemade Coleslaw	Spicy Bean Burger Served With Chips & Baked Beans or Peas

Salad Bar Available Everyday

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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Meatballs in a Tomato sauce Served with Pasta & Garlic Bread	Mediterranean Chicken Steaks Served with Potato Wedges & Salad	Roast Pork Served with Roast Potatoes Vegetables & Gravy	Chicken & Mushroom Pie Served with Mashed Potato Vegetables & Gravy	Beef Burger Or Battered Cod Served with Chips & Baked Beans or Peas
Vegetarian Meal	Macaroni Cheese Served with Garlic Bread	Vegetarian Kiev Served with Potato Wedges & Homemade Coleslaw	Vegetable Slice Served with Mashed Potato Vegetables & Gravy	Mushroom & Spinach Lasagne Served with Garlic Bread & Salad	Vegetable Nuggets Served with Chips & Baked Beans or Peas

Salad Bar Available Everyday

Jacket Potato's ,Panini's ,Pasta & Sausage Rolls Available Monday-Thursday