

SMU/dc

19 October, 2023

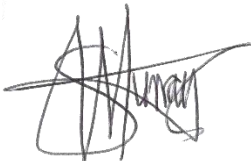
Dear Parents/Carers

May we remind you that your daughter during her menstruation period will be able to request a toilet pass for the duration of her period. Please be aware that you may also request the above pass on her behalf by contacting the school or a note in your daughter's planner would suffice.

If your daughter suffers from painful periods, we have recently purchased oat and lavender bags which may help with her discomfort. Should your daughter feel that her discomfort prevents her from concentrating in class, she will be able to go to the medical room for a period of time where she will be given the opportunity to use a heat pad, after which time she can return to learning.

As you are aware attendance is vital to ensure that your daughter makes the best possible progress in her learning, however we are very sympathetic during this time.

Yours faithfully



Miss S Murray
Deputy Headteacher