



# Southchurch High School

Friday 27 March 2026

## The Southchurch Way

*A community of opportunity, learning and aspirations*

Issue number: 25

### Message from the Headteacher

What a final week of this half term! As you know, we started the week with the telephone call from Ofsted; the call we have been expecting and hoping for. Why do I say that? As Headteacher, I am so proud each and every day to say that I lead the school community of students, parents/carers and staff, all of whom are fantastic and to have the opportunity to show the journey that we have been on over the past couple of years is truly wonderful for me. Whilst we are not allowed to let you know how the Ofsted Monitoring Visit went until their report is published, I felt it important to acknowledge the truly amazing students and my fabulous staff team at Southchurch High who day-after-day conduct themselves with such grace and composure and for their wonderful support on what was a very important visit for the school.

I would also like to express my sincerest thanks to all members of the school community, including yourselves, for kindly taking the time to complete the respective Ofsted surveys and to those of you who very kindly contacted us requesting to speak to the Inspectors and for taking the time to do so. As always, your support in these matters means the world.

Thank you to Miss Waite for her organisation and support of the Year 7 and 8 Borough Netball Tournament on Monday. Well done to all those who took part!

Thank you to our PE staff on Monday for their kind support of the English Cricket Board's CPD session for local PE staff held at the school on Monday afternoon.

We were delighted to welcome a number of visitors to the school on Monday and Tuesday in support of two PHSE drop down days for our Year 10 and Year 11 students

Today, some of our Year 10 students visited the University of Essex campus in Southend. Thank you to Ms Smith, Careers Leader, for kindly organising and supporting the students on their trip together with Mrs Beeney.

The word of the week for our first week back after the Easter holidays is 'aspiration', noun: a hope or ambition of achieving something. Please try to encourage your child's use of 'noun' and remind them that every time they use it in school, in the first week back after the holidays, with a member of staff they will be awarded ClassCharts points.

In last week's Newsletter, I wrote about an extended Year 7 assembly in order that our Year 10 Jack Petchey 'Speak Out Challenge' finalists could present their speeches in front of a judging panel and our Year 7 students. After what was a very tight competition, Lilian was announced the winner and will be representing Southchurch High at the next round, the regional final, with Kayla our runner-up. Congratulations to them both!

Wishing you all, and your families, a lovely Easter.

Mrs Airoll  
Headteacher



### Key Dates

<b>27 Mar</b>	Last day of Term Close for Easter Holiday
<b>30 Mar – 10 Apr</b>	<b>Easter Holiday</b>
<b>13 Apr</b>	Students return to school
<b>15 Apr</b>	Year 7 Tower of London Trip
<b>16 Apr</b>	Ypres Trip Information Meeting 5.30pm
<b>04 May</b>	<b>Bank Holiday</b>
<b>07 May</b>	Year 10 Parents' Evening 4.00pm – 7.00pm
<b>14 May</b>	Year 10 Information evening 6.00pm – 7.00pm

### House Points

**HOUSE POINTS**  
W/C 13 April

**Who is in the lead this week?**

Don't forget you get POINTS for attending a club, which contributes to house points!

You **MUST** wear your **HOUSE BADGE** as part of your uniform expectation

- 9022 (Yellow House)
- 7611 (Green House)
- 7088 (Red House)
- 5717 (Blue House)

## Menu

<b>SWAN'S RESTAURANT</b>	<b>WEEK 1</b>				
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Halal Chicken Korma Curry Served with Boiled Rice & Naan Bread	Homemade Beef Lasagne Served with Garlic Bread	Halal Chicken Fajita Served with Diced Potatoes & Coleslaw	Pork Sausages Served with Mashed Potatoes, Peas & Gravy	Halal Chicken Burger In a Bun Served with Potato Wedges & Homemade Coleslaw
<b>Vegetarian Meal</b>	Vegan Vegetable Sweet & Sour Served with Boiled Rice & Spring Rolls	Vegetable Pasta Bake Served with Garlic Bread	Vegetable Quiche Served with Diced Potatoes & Coleslaw	Vegan Sausages Served with Mashed Potatoes Peas & Gravy	Vegan Bean Burger In a Bun Served with Potato Wedges & Homemade Coleslaw
<b>Extra's</b>	<b>Jacket Potato with Cheese ,Baked Beans or Tuna Mayonnaise Available Monday - Thursday</b> <b>Small Pasta &amp; Sauce Available Monday - Thursday</b>				

### Jack Petchey Speak Out

Today our Jack Petchey Speak Out finalists presented their speeches to an assembly of students and staff.

They had all refined their speeches using all the presenting skills they had learned at the workshop in January. The judges had an incredibly difficult time deciding who to send through to the next round but Lillian was deservedly chosen to represent Southchurch at the regional final event after she presented a powerful speech about equality for women. Kayla was our runner up.

Congratulations to everyone who took part and best of luck to Lillian in the regional final in April!

**“If you think you can, you can”**



### Easter Activities - Southend City Council



If you're on the hunt for fun-tastic activities to keep your family busy over the Easter holiday, Southend has plenty to offer from Friday 27 March to Monday 13 April.

With the Holiday Activity Programme, an inflatable fun day, a free art exhibition plus lots more, there is something for everyone to enjoy!

Please follow the link to the website for more details:

**Hop into the Easter break with these 13 egg-cellent activities – Southend-on-Sea City Council**



**There is also still time to book the Easter HAF Programme! Four free days of activities for all students eligible for Free School Meals!**

Check out the HAF providers who are delivering this Easter and register your interest in attending: **Book here** or scan the QR



Any questions email [HAF@southend.gov.uk](mailto:HAF@southend.gov.uk) or text 07795044329

### Easter Half Term Year 11 Revision Sessions

Revision sessions are available for our Year 11 students during Easter half term. A copy of the timetable can be found on our website.

The sessions will run from:

- **Monday, 30 March up to and including Friday, 10 April, 2026.**

Students are not required to wear school uniform, but will need to bring their usual classroom equipment (pens, pencils etc.)

Please note a snack will be provided for the students, free of charge during break time at 11.00-11.30 am.

In addition, please be aware in guideline with our safeguarding procedures, students will only be able to enter and depart via the main entrance to the school, at the times listed below:

- 9.00 – 11.00 am
- **11.00 – 11.30 am - break**
- 11.30 – 1.00 pm

If you have any questions regarding the above sessions, please do not hesitate to contact the school on 01702 900777 or via email; [info@southchurchschool.com](mailto:info@southchurchschool.com).

## Easter Lunch

This week, we had a Special Easter lunch made by our wonderful canteen staff of roast pork or vegetarian sausages and vegetables, apple crumble and custard or Easter cakes!



## Exciting news- IntoTech Programme!

This April, our Year 8 students will take part in the first stage of the IntoTech programme, welcoming an inspiring guest speaker from the tech sector.

IntoTech is a pioneering initiative by Futures For All and The Hg Foundation, designed to help young people from all backgrounds explore and experience careers in technology earlier in their education.

With the UK tech sector evolving rapidly, especially with advances in AI, it's more important than ever to ensure young people have access to meaningful insight and experiences.

IntoTech gives students:

- Exposure to a range of tech careers
- Insight into the skills required to thrive in the sector
- Opportunities to build confidence and broaden aspirations
- Access to mentoring and work experience as the programme progresses

We're proud that our students will be part of this national initiative, helping to inspire the next generation of tech talent and break down barriers for those from less privileged backgrounds.

At Southchurch High School, we believe every student should have the opportunity to explore their potential – and IntoTech is an amazing step in that direction!

## Student Leadership

Each lunchtime Student Leadership give students the opportunity to give a "Shout Out" postcard to the staff member of their choice, it's so uplifting to read some of the positive comments!



## Breaktime Activities

Breaktimes are a hive of activity at Southchurch, students can loan equipment to play games with their friends.



# WELL-BEING

Active April 2026

MONDAY



6 Do a body-scan meditation and really notice how your body feels

13 Make sleep a priority and go to bed in good time

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

27 Find a fun exercise to do while waiting for the kettle to boil

TUESDAY



7 Get natural light early in the day. Dim the lights in the evening

14 Relax your body & mind with yoga, tai chi or meditation

21 Regularly pause to stretch and breathe during the day

28 Meet a friend outside for a walk and a chat

WEDNESDAY

1 Commit to being more active this month, starting today

8 Give your body a boost by laughing or making someone laugh

15 Get active by singing today (even if you think you can't sing!)

22 Enjoy moving to your favourite music. Really go for it

29 Become an activist for a cause you really believe in

THURSDAY

2 Spend as much time as possible outdoors today

9 Turn your housework or chores into a fun form of exercise

16 Go exploring around your local area and notice new things

23 Go out and do an errand for a loved one or neighbour

30 Make time to run, swim, dance, cycle or stretch today

FRIDAY

3 Listen to your body and be grateful for what it can do

10 Have a day with less screen time and more movement

17 Be active outside. Plant some seeds and encourage growth

24 Get active in nature. Feed the birds or go wildlife-spotting

SATURDAY

4 Eat healthy and natural food today and drink lots of water

11 Set yourself an exercise goal or sign up to an activity challenge

18 Try out a new exercise, activity or dance class

25 Have a 'no screens' night and take time to recharge yourself

SUNDAY

5 Turn a regular activity into a playful game today

12 Move as much as possible, even if you're stuck inside

19 Spend less time sitting today. Get up and move more often

26 Take an extra break in your day and walk outside for 15 minutes



ACTION FOR HAPPINESS

Happier · Kinder · Together



SOUTHCHURCH HIGH SCHOOL

22ND APRIL | 12:30-2PM | THE HANGOUT VENUE

## Well-Being Surgery

JOINS US FOR TEA/COFFEE/CAKE & A CHAT

Agencies attending: CAMHS, Local Authority, Local Councillors, Early Help, Whittington Project, Safe Steps and staff from Southchurch High School. Food parcels available for those who need it.

THE Hang Out VENUE LTD

GROUND FLOOR, 62 LONDON RD, SOUTHEND-ON-SEA SS1 1PG



### BE AN ELITE CHEERLEADER FOR THE DAY

After an incredible week of competitions filled with laughter, family and unbeatable team spirit, we are keeping the momentum going!

Have you ever wondered what it feels like to step out onto the big stage? Now is your chance!

CALLING ALL ASPIRING ATHLETES: SHOW IN A DAY!

We are looking for energetic athletes to join our elite family for one spectacular day. You'll learn a full cheerleading routine from scratch and perform it live the very same day!

The Professional Experience – This year, we are levelling up. You'll be performing on a professional spring floor – exactly like the ones used at major national Championships!

#### The Details

Date : 2<sup>nd</sup> May, 2026

Time : 8:30am – 6:00pm

Location : Southchurch High School

#### ~ Choose your package ~

##### Option 1 (£35):

Includes your exclusive Show In A Day top plus choreography and rehearsals with a top Elite cheer coach – plus being part of both shows!

##### Option 2 (£40):

Includes all of Option 1 PLUS lunch!

Ready to take to the floor? Don't miss your chance to shine alongside our elite teams and experience the thrill of the performance.

Contact us TODAY to sign up for more details! Spaces are limited and will fill up fast!

07816 909896

southend-elite@hotmail.com

# Library Corner



## Word of the Week:

*learning*

Noun

Meaning: The knowledge or skill through study, experience, or being taught

# LIBRARY INITIATIVES

## HAPPY EASTER!

Thank you to all the students who visited the library this term and completed Accelerated Reader quizzes, played chess and borrowed books from the library.

## Rewards

Rewards were given out this week for your achievements during assembly, well done to all our fantastic readers.

We are currently on 12 million words read.

Have a great Easter break, read plenty of books and make sure you quiz on all the books you read for a chance to win prizes.

## Great Easter Reads



## Important Information

- Remember to quiz each book you finish on Accelerated Reader to add to your word count. There are prizes for all students who climb our ladder and reach the word count goals. See the librarians for your login details.
- Teams Page Remember to check the library teams page for :  
Updates and Announcements  
News Articles and Accelerated Reader Leader board Information

This week's theme is: Easter

Key date: 5 April

Did you know?



- Newborn lambs and their mothers can find each other easily because every sheep has a different bleat.
- On average one new star is born in the Milky Way each year.
- Dante's book *La Vita Nuova* helped establish Tuscan as the basis of Italy's national language.

2		1	6			7	5	
4	9	3			5		8	1
5		7			1	9		4
		6			8		3	
	7	5	3					
	4				7		1	6
	1	9			4		6	3
6	5	2	7	8			4	9
8	3		1					

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle. Words can go in any direction. Words can share letters as they cross over each other

Basket	N	O	F	W	E	G	C	E	B	N	J	G	G
Bunny	O	F	E	H	A	Z	H	X	A	O	B	Y	Z
Celebrate	E	F	T	E	P	A	O	K	S	S	F	F	Y
Chocolate	D	A	O	O	G	X	C	F	K	S	O	U	G
Church	E	E	S	Q	C	Y	O	B	E	O	Z	B	E
Cross	Y	T	V	T	N	I	L	N	T	R	B	U	S
Easter	M	K	A	N	E	H	A	B	C	Q	U	N	
Eggs	S	Q	U	R	F	R	T	H	E	R	V	O	I
Hunt	L	B	B	H	B	K	E	G	N	J	O	T	Y
	O	F	I	O	H	E	G	B	C	P	J	S	S
	J	M	H	Y	Q	S	L	R	B	X	W	A	S
	D	S	Q	Y	M	J	J	E	H	H	U	N	T
	X	K	H	C	R	U	H	C	C	R	G	Y	M

