



Southchurch High School

Friday 6 February 2026

The Southchurch Way

A community of opportunity, learning and aspirations

Issue number: 19

Message from the Headteacher

This week's Professional Learning Journey for teaching staff focused on links between independence, attainment and disadvantaged. Independent practice for students is important for a number of reasons such as strengthening a student's memory making it easier to recall information later, building confidence and resilience in order to be able to complete tasks without help thus fostering a sense of ownership, self-motivation and a growth mindset. Independent practice is also key for students to learn how to manage their own time, working through problems and taking responsibility for their learning and it also allows for teachers to check for students' understanding and address errors immediately. Finally, independent practice simulates exam conditions for students who must solely rely on knowledge and skills retained.

Thank you to Ms Smith, Careers Leader, and Mrs Winter for kindly supporting our Year 8 students who took part in a Careers Carousel on Tuesday. We hope the students found it inspiring; they met with a number of employers, including one of our very own former students. They also had a session on Post-16 options. I would also like to thank the employers who kindly gave up their time in support of our students.

Thank you to Mrs Winter, Mr Winyard and Mr James for kindly accompanying a group of Year 10 students on a visit to Writtle College, Chelmsford for a Sports Science 'Taster Day'. Students experienced a further education establishment and provided with the opportunity to learn more about careers in the sport/leisure industry.

Thank you to those parents/carers who are members of our Parent Council and were able to attend Wednesday evening's meeting. As always, it was an extremely productive meeting and we welcomed the discussions that took place. Thank you also to Miss Murray for her organisation and support of the meeting.

Next week's word of the week for students is 'evaluate': verb 'to determine the significance, worth, or condition of something'. Please do encourage your child to practice with you over the weekend ahead of the need for them to use the word in lessons next week.

Finally, congratulations to all of our students who have achieved 100% attendance this week. Well done!

For three out of five days this week the school's attendance figure has been 92 or 93% which is a fantastic achievement; we have celebrated as a school community and would also like to thank you all for your continued support. Keep up the good work everyone! Every day counts in your child's secondary education journey.

Gentle reminder that the Year 9 Parents' Evening is taking place next Tuesday, 5 February from 4.00 to 7.00 pm. Please encourage your child to book appointments with their subject teachers. It is especially important that parents/carers attend ahead of the Year 9 Options Evening being held on Thursday, 26 February (first week back after the half term holiday).

One week to go until the school community has a well-deserved week's holiday! **Please note that students are expected back to school on Monday, 23 February, 2026.**

Mrs Airoll
Headteacher

Key Dates

10 Feb	Year 9 Parents Evening, 4-7pm
11 Feb	School Musical, 6:30pm
12 Feb	School Musical, 6:30pm
13 Feb	Feel Good Friday/Last day of term
26 Feb	Year 9 Options Evening

Student Leadership | Personal Development

FEEL GOOD FRIDAY

FRIDAY 13TH FEBRUARY

Visit our Feel Good Friday stall at breaktimes to treat a friend or yourself!
FREE 'friend appreciation' cards available!
Items 20p-£1, please bring cash!



House points

HOUSE POINTS
W/C 02 February

Who is in the lead this week?

Don't forget you get POINTS for attending a club, which contributes to house points!

You **MUST** wear your **HOUSE BADGE** as part of your uniform expectation

	7315 ★
	6108
	5987
	4688

GAME OF HOUSES
INTERHOUSE COMPETITION

EVENTS RUNNING UNTIL 13TH FEB

French Design a poster on Mardi Gras Year 7, 8, 9	Textiles Rubbish costume design Years 8, 9, 10
	Geography Design a sustainable City Years 7, 8, 9

COMPETE TO EARN POINTS FOR YOUR HOUSE



Y10 WORK EXPERIENCE DEADLINE


DEADLINE IS THIS FRIDAY!

5 DAYS TO GO

UNTIL WORK EXPERIENCE DEADLINE

Please see **Ms Smith** for any help or guidance needed to find your placement. Well done to all those who have found a placement so far.

School production

Southchurch High School 


presents

HONTE BART'S

Oliver!

by special arrangement with CAMERON MACKINTOSH
This amateur production licensed by Music Theatre International

11th and 12th
February
2026
6:30pm






Please "consider yourselves part of the family" as we proudly invite you to this year's school production: a lively, heart-warming, and occasionally pickpocket-filled performance of **Oliver!**

Our talented students have been rehearsing with the enthusiasm of someone who's just asked for "more"... rehearsal time. From cheeky street urchins to larger-than-life characters, the cast promises an evening full of energy, humour, and the kind of musical chaos only children can create.

Join us for a performance that will leave you humming familiar tunes all the way home — and possibly feeling grateful that your own dinner isn't supervised by Fagin's crew.

Performance Details:

 Wednesday 11th and Thursday 12th February
 6:30pm  MUA

Ticket Prices are £5 for adults, £3 for children.

Tickets can be bought on IPayImpact.

We'd love your support, your applause, and your willingness to be momentarily transported to Victorian London — with far fewer rats, we promise.



Next week's fixtures

MONDAY 9th

TUESDAY 10th

WEDNESDAY 11th
Y7 Netball v Chase (A)
Y8 Netball v Chase (A)

THURSDAY 12th
Y7 Netball v Eastwood (H)
Y8 Netball v Eastwood (H)

FRIDAY 13th

Our Daily Action – 6 February 2026. Download the whole calendar at www.actionforhappiness.org

Get back in touch with an old friend you've not seen for a while

ACTION FOR HAPPINESS

Friendly February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1. Ask a friend how they have been feeling recently.	2. Do an act of kindness to make life easier for someone.	3. Invite a friend over for a meal (in person or virtually).	4. Make time to have a friendly chat with a neighbour.
5. Compliment someone and tell them how they made a difference to your day.	6. Look for good in others, particularly when you feel frustrated with them.	7. Send an encouraging note to someone who needs a boost.	8. Focus on being kind and calm when being right.
9. Offer to help someone who is struggling and offer to help.	10. Express your gratitude to someone in your life.	11. Respond kindly to everyone you talk to today (including yourself).	12. Share something you find inspiring, helpful or amusing.
13. Be gentle with someone who you feel confused or confused.	14. Tell a loved one about the strengths that you see in them.	15. Thank those who are grateful to and tell them why.	16. Make a commitment to spend time for your loved ones.

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Useful helpline details

Childline 0800 1111

<https://www.childline.org.uk/get-support/>

Samaritans 116 123

<https://www.samaritans.org/>

Young Minds

<https://www.youngminds.org.uk/young-person/find-help/i-need-urgent-help/>

Shout Text YM to 85258



Clubs

March's COOKING CLUB!

Join us to make **Delicious Pasta Dishes!**

Starts Wednesday 4th March & Thursday 5th March!

Small Fee of £10 to Participate

Get a letter from Miss Stockman or Miss Clark

We're Making Different Pasta Dishes!

Clubs

Southchurch School

JOIN THE SCIENCE CLUB

Year 7 & 8 Pupils

Wednesday 3:15-4pm, A116

Options

Y9 OPTIONS EVENING

WHERE WILL YOUR JOURNEY TAKE YOU?

THURSDAY 26 FEBRUARY | 4:30-5PM

We invite you and your parent/carer to join us to explore which GCSE subjects are on offer to you. Teachers will be on hand to offer advice and support.

Careers

EXPLORE YOUR FUTURE IN HEALTHCARE

with Mid and South Essex Health & Care Academy

The Health & Care Academy is working with Medical Mavericks to provide a fantastic hands on workshop where you can explore careers in the NHS whilst getting the opportunity to practice your skills and take basic medical obs!

Activities include...

- Record and print an ECG from your heart
- Use a needle to take fake blood from a dummy arm
- Try your hand at keyhole surgery
- See inside your body with an ultrasound machine.
- Scan your retina with an ophthalmoscope.
- Listen to your pulse with a pulse doppler.
- See your veins under a vein scanner.
- Take basic medical obs.

This opportunity is available to students in Years 10 - 13, who are thinking of a career in healthcare.

<p>Tuesday 17th February 2026 (am) 9.30am - 12pm</p>	<p>Tuesday 17th February 2026 (pm) 1pm - 3.30pm</p>	<p>Wednesday 18th February 2026 (am) 9.30am - 12pm</p>	<p>Wednesday 18th February 2026 (pm) 1pm - 3.30pm</p>
---	--	---	--

Text a school nurse directly to talk about health or emotional wellbeing:

IF YOU'RE 11-19 YEARS OLD TEXT
07520 649895

PARENT OF 5-19 YEARS OLD TEXT
07507 331884

ChatHealth NHS Southend on Sea City Council

Young People scan this QR Code to find support

Parents scan this QR Code to find support

SOUTHCHURCH HIGH CLUBS

Some of the clubs on offer at breaktimes and after school! See the school website for our up-to-date list of extracurricular and sports clubs

Library Corner

Word of the Week:

Determine

Verb

Meaning: To officially decide (something) especially because of evidence or fact.

This week's theme is: **International Day of Women and Girls in Science | 11 February**

These are six hugely significant women scientists who have not been sufficiently recognised for their achievements.

Can you find out what any of them achieved for bonus Class Chart points?



4	1	5	2	3		7		8
		9	7		4	3		
7	3	8	9		1		6	
	5						8	
			2		1			
		2	5	4		6		
		1		6	2			
8		6				5		
	3	1		5	8			

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle. Words can go in any direction. Words can share letters as they cross over each other

Biology
Chemistry
Equality
Experiment
Investigate
Physics
Research
Science
Successful
Women

E D A K M T E W Y U P I Q
U B D E I C O B Z Q T N Y
F I U I N M H S C X L V H
Z U D E E A E A E W N E C
C O I N B P H Y S I C S R
M C E X P E R I M E N T A
S L U F S S E C C U S I E
B I O L O G Y H Z A J G S
Y G O L O I B N I A V A E
Y R T S I M E H C X N T R
E Q U A L I T Y L O H E I
F N B C B D P K S C C Z D
P R A B U A M U Z G J C N



LIBRARY INITIATIVES

Welcome to the Library

Miss Watson and Ms Strover would like to remind you that the library is open everyday during break & lunch and Monday-Thursday after school. The Library is a calm, quiet place to come and sit and read in one of our comfy reading areas or to enjoy boardgames; such as chess and scrabble.



Chess Champions



Do you want to learn a new skill? Improve your logic, concentration and problem solving? Then learn how to play chess! Chess runs everyday during all of our opening hours. If you decide to play a competitive game, the winners are added onto our Chess Champions leader board!

After School Club: Monday-Thursday

The Library is open to all students after school to enjoy the same activities that we have running at break & lunch.

Students have access to the computers for study or coursework. These activities run until **4.30pm**

Accelerated Reader (How To)

READ, QUIZ, REPEAT!

Username are your "firstnamesurname" and the password is 'abc'.

EXAMPLE

User Name: harrypotter

Password: abc

Log In

Read a book...
Choose a book from the library!

Quiz...
Login to Renaissance Learning on the PC, choose Accelerated Reader and search for the book...

Climb the ladder in the library...
Every time you pass a quiz your word count will be contributed to and you will move up the ladder in the library...

Earn prizes and rewards
Students are awarded classchart points and given certificates & prizes every term for taking part! There are also extra prizes for hitting word count goals!

Repeat!!
Quiz as many times as you like on all of the books you read!

