



Southchurch High School

Friday 05 December 2025

The Southchurch Way

A community of opportunity, learning and aspirations

Issue number: 12

Message from the Headteacher

We were delighted to welcome Rebecca and Rachel from University Centre, South Essex to the school on Monday morning. They addressed our Year 11s, sharing advice and inspiration about the exciting possibilities of university life. Thank you to Ms Smith, Careers Leader for kindly organising.

Thank you to Miss Waite who very kindly organised an inspiring and educational experience for our students on Monday; an athlete from Sports for Champions visited the school to speak to our Year 7 students about their career and the training that they have undertaken to this point in their sporting career; offering a unique insight into the world of professional sport. The event commenced with a special assembly during which they shared their personal journey, career highlights and the importance of sport in their life. Students were then divided into groups for workshops, culminating in a question-and-answer session.

Thank you to Mrs Watkins for kindly organising the flu vaccination catch up clinic which took place on Monday afternoon for those students who missed their vaccination previously.

This week's Professional Learning Journey for teaching staff focused on setting specific targets for SEND students within their classes.

On Tuesday morning, our Year 11 Child Development students visited a local playgroup to observe young children at play as part of their studies. Thank you to Mrs Zareba for kindly supporting and accompanying the students.

A huge thanks to our fabulous Student Leadership Team for organising activities at break and lunchtime on Wednesday in support of International Day of Persons with Disabilities. At the start of the day during morning line ups, students were handed a sticker to stick in their planners by their Tutor.

Today, our Year 10 Construction students have been visiting South Essex College, Stephenson Road Campus in Leigh-on-Sea for an 'Experience Day' kindly supported by Ms Smith and Mr Maxfield. Students were able to participate in interactive 'taster' sessions, offering them an invaluable insight into the practical skills involved in the construction industry.

My Child At School (MCAS) App will be launching upon our return from the Christmas holidays. A letter was sent to parents/carers last Friday containing details on how to access the App from a smartphone or other device. Parents/carers are asked to download the MCAS App prior to 1 January, 2026.

From this date, MCAS will be the school's primary method of contacting parents/carers and we will cease sending out information by email and text from that date. Paper copies of all letters will be available to collect from the school Reception, if required, but will not be routinely sent out after this date.

Finally, tonight is our Christmas Fayre, which, as always, promises to be a fun-filled festive evening. A huge thank you to Mrs Murray for her wonderful organisation of this event and to all the stall holders, students, parents/carers and staff who are supporting tonight and to all those who assisted in the setup.

Mrs Airoll
Headteacher

Menu

SWAN'S RESTAURANT			WEEK 2		
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Tikka Curry Served with Boiled Rice & Indian Snacks (Halal)	Homemade Steak Pie Served with Mashed Potatoes , Peas & Gravy	Roasted Chicken Thighs Served with Roast Potatoes, Vegetables & Gravy (Halal)	Macaroni Cheese Served with Garlic Bread	Jumbo Hotdog Or Battered Fish Or BBQ Chicken Wings Served with Chips
Vegetarian Meal	Vegetable Balti Curry Served with Boiled Rice & Indian Snacks (Vegan)	Cheese & Onion Slice Served with Mashed Potatoes, Peas & Gravy	Quorn Fillet Served with Roast Potatoes, Vegetables & Gravy	Vegetable Pizza Served with Garlic Bread	Vegan Nuggets Served with Chips
Extra's	Jacket Potato with Cheese ,Baked Beans or Tuna Mayonnaise Available Monday – Thursday Small Pasta & Sauce Available Monday - Thursday (All of our chicken is Halal —including sandwiches/wraps etc. The beef and pork we use is not halal)				

House points

HOUSE POINTS

W/C 08 December

Who is in the lead this week?

Don't forget you get POINTS for attending a club, which contributes to house points!

You **MUST** wear your **HOUSE BADGE** as part of your uniform expectation

4862 ★

3947

3827

3163

My Child at School (MCAS)



my child at school.com

As we strive to improve the quality of communication between the school and parents/carers, we would like to announce that from the start of the spring term 2026, the My Child at School app (MCAS) will become our primary method of communicating with you regarding school matters.

For those parents/carers who are not familiar with this app it will not only enable you to view various real-time information about your child at school but will also enable us to send out alerts and messages which will ensure you receive all communications from us.

The MCAS app is available for both IOS and Android devices and through the internet on a laptop or other device. MCAS will enable us to contact you quickly instead of using our current text/email system. Please note that MCAS has a translation function which will allow you to receive all information and communication in your chosen language.

A letter of the MCAS setup guide, which provides information on how to get started with the app, has been sent out to parents/carers. A full parent guide to the functionality of MCAS is available on the school website now under the **Parent Tab**.

Help our Food Tech students!

★ **DONATE YOUR** ★
LEFTOVER
CONTAINERS!

HELP OUR FOOD TECHNOLOGY STUDENTS

★ **AFTER CHRISTMAS, DON'T THROW**
AWAY THOSE SWEET BOXES!

✓ Sweet boxes

✓ Plastic tubs

✓ Jam jars

✓ Any clean, reusable
food containers



YOUR DONATIONS WILL HELP
STUDENTS WHO CANNOT AFFORD CONTAINERS
FOR THEIR PRACTICAL LESSONS.

LET'S REDUCE WASTE AND SUPPORT LEARNING!

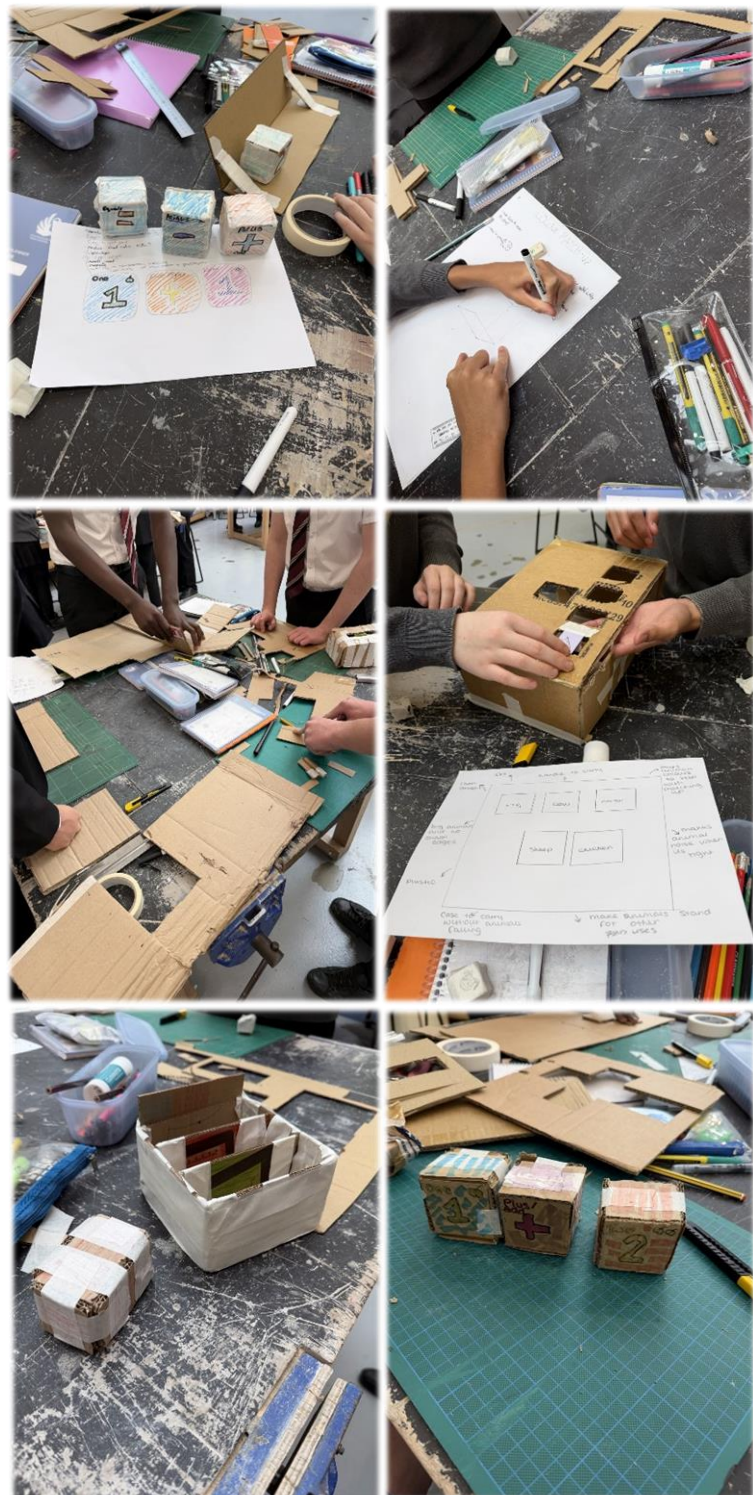
Key Dates

12 Dec	Lille Christmas Market
18 Dec	Year 7 Pantomime Trip
19 Dec	Last day of Term
22 Dec – 02 Jan	Christmas holiday
05 Jan	Students return to school

Year 10 Design and Technology

Year 10 Design and Technology students have been working together to create prototypes of educational toys.

They have designed and made their toys from cardboard.



Library

Look at our lovely library, all set for Christmas!



Poppy Appeal

Thank you to everyone who supported the Royal British Legion Poppy Appeal, we raised an amazing amount!



Thank you for your support

To Southchurch High School

Thank you for supporting the Royal British Legion Poppy Appeal

Your collection total £146.04 for 2025




University Centre South Essex

A great start to Tuesday for our Year 11 students!

University Centre South Essex joined us for the morning to share advice and inspiration about the exciting possibilities of university life.



Fixtures

 Next week's fixtures
MONDAY 8th
TUESDAY 9th Panathlon Bowling
WEDNESDAY 10th
THURSDAY 11th U13 Boys Cricket Competition
FRIDAY 12th U14 Mixed Hockey v Plume (A)

Football

Year 7 endured a difficult opening to their SOS Cup clash, falling 2–0 behind within the first seven minutes after a shaky start. Despite the early setback, the team responded superbly. Their resilience showed as they grew into the game, created multiple chances, and began to dominate possession.

Their persistence paid off through Jayden, who produced two composed, well-taken finishes to level the score at 2–2 by half-time.

The second half was tense and cagey, with both sides battling for control, but Southchurch edged the play and showed greater determination. With five minutes remaining, Maxwell broke the deadlock, slipping the ball through the keeper's legs to give Southchurch a 3–2 lead.

However, late drama struck when Southchurch conceded a penalty in the dying seconds. Chase High converted with the final kick of the match, making it 3–3 and sending the tie to a penalty shootout.

In the shootout, Southchurch were superb. Jake, the Southchurch goalkeeper, made a crucial save—diving brilliantly to deny one of the Chase High takers—giving his team the advantage and playing a vital role in the victory.

From there, Southchurch's takers were flawless: Herbie, Jayden, Maxwell, Emmanuel, and Logan all struck their penalties with confidence and precision, sealing a 5–4 shootout win and sending Southchurch into the next round of the SOS Cup.

A performance full of spirit, determination, and big moments from every player—truly a comeback to be proud of.

Netball

The girls took part in their second match of the year last week against Westcliff High School for Girls. The girls played incredibly well and narrowly lost out 6–4.

They're currently working hard preparing for their next games before Christmas!

Well done to Daisy, Lilah, Gabriele, Christiana, Katy and Betsy!

As an "Act of Kindness" why not make a Christmas card for someone that you care about this Christmas?

It doesn't have to be perfect, just the fact that you have taken the time to do it will touch someone's heart. There are many ideas on the internet that you could copy.

By doing an "Act of Kindness" it makes you feel happier too!



Looking after yourself at Christmas

- Be gentle and patient with yourself.
- Remind yourself that it won't last forever.
- Set your boundaries
- Let yourself experience your own feelings.
- Take time out
- Let yourself have the things you need
- If you can't avoid doing something difficult, plan something for yourself afterwards to help reduce the stress or distress you might feel.



"I've found the way of having a happiest Christmas is doing what's right for me. Making careful choices who I spend my time with and keeping in mind that it's just one day."

<https://www.mind.org.uk/information-support>

Useful helpline details

Childline 0800 1111

<https://www.childline.org.uk/get-support/>

Samaritans 116 123

<https://www.samaritans.org/>

Young Minds

<https://www.youngminds.org.uk/young-person/find-help/i-need-urgent-help/>

Shout Text YM to 85258



Library Corner



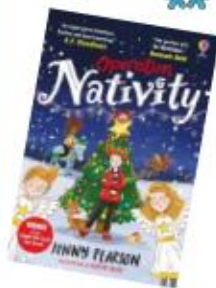
Word of the Week:

Abolition

Noun

Meaning: The act of ending something, especially an institution, law or practice, often officially or by legal means.

Our festive reads are now on the shelves, we have some brand new titles and some classics to get you into the spirit of Christmas.



LIBRARY INITIATIVES



Welcome to the Library

The library is feeling very festive this week with our Christmas

Post box.

Students are enjoying making cards for friends and teachers during break and lunch.

Thank you to our student librarians who have helped deliver these.

Last post Tuesday 16 December



**LIBRARY
POST OFFICE**



Post cards for your friends/teachers and they will be delivered weekly by our library elves!

Design the front however you like, but on the back please write the name of the person you are sending it to and their year/class if you know it - we need to make sure it goes to the right person!

Important Information

- Remember to quiz each book you finish on Accelerated Reader to add to your word count. There are prizes for all students who climb our ladder and reach the word count goals. See the librarians for your login details.
- Teams Page Remember to check the library teams page for :
Updates and Announcements
News Articles and Accelerated Reader Leader board Information

