



Southchurch High School

Friday 17 October 2025

The Southchurch Way

A community of opportunity, learning and aspirations

Issue number: 07

Message from the Headteacher

We do hope that your child/ren have had a good half term and are looking forward to their two-week October half term.

On Monday, our Year 7 students attended a road safety presentation, commissioned by Southend City Council, during Period 5. Thank you to Miss Stockman for her organisation of this event.

As part of our continuing professional development for teaching staff, we hold weekly meetings on a Monday after school and this week the topic of the session was use of effective questioning; closed and open questions for deeper learning.

Thank you so much to all those Year 10 parents and carers who supported their child on Tuesday evening by attending the launch event for Work Experience; an important week in July for these students who will have the opportunity to attend a workplace. A week, we hope, that will give them an insight into the world of work, their possible career paths, and life beyond education. Thank you to Ms Smith, Careers Advisor & Work Experience Lead, for her organisation and support of the evening and for all the hard work that will take place over the coming months as arrangements are finalised for each of these students to attend a work place in July.

Could Year 11 parents/carers please remind their child that there will be revision sessions taking place throughout the October half term, details of which were sent to parents/carers and may also be found on the front page of the school website. Year 11 students will be sitting their mock exams starting the week commencing 10 November.

Gentle reminder that the school returns from the two-week October half term on Monday, 3 November. Students are expected to be on the school site by 8.25 am.

Could I please remind parents/carers that should your child contact you by mobile phone during the school day to advise that they do not feel well, please do not come to the school to collect your child without having checked first with the school office. Children should not be contacting parents/carers by mobile phone as phones are not permitted to be used on the school site during the school day. If your child is unwell ask them to report to Mrs Watkins, Medical Officer, and she will then contact home if she feels it is appropriate.

I would like to take this opportunity to thank you for your continuing support of the school and to wish you and your families a good half term.

Mrs Airoll
Headteacher

Key Dates

| | |
|-------------|--|
| 20 - 31 Oct | Half Term holiday |
| 03 Nov | Students return to school Flu Vaccinations |
| 11 Nov | Remembrance Day |
| 12 Nov | Year 7 - 10 Borough Cross Country |
| 12 Nov | Year 10 Royal Academy of Art trip |
| 13 Nov | Year 8 HPV Vaccinations |

House Points

HOUSE POINTS
W/C 13th October

Who is in the lead this week?

Don't forget you get POINTS for attending a club, which contributes to house points!

You **MUST** wear your **HOUSE BADGE** as part of your uniform expectation

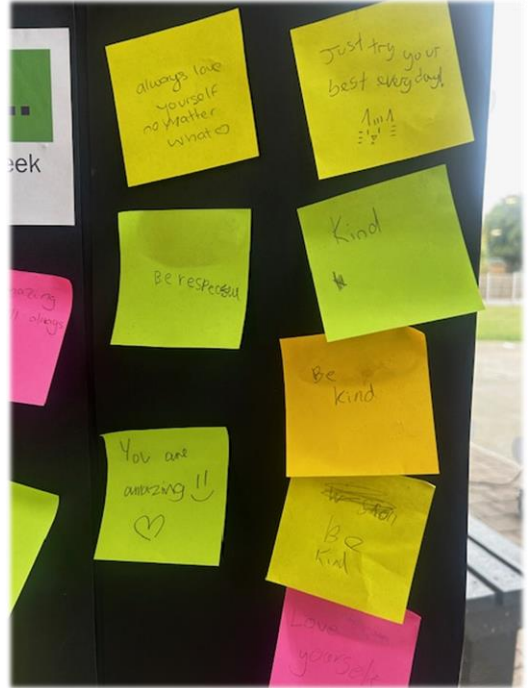
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Menu

| SWAN'S RESTAURANT | | WEEK 1 | | | |
|--------------------------|--|--|---|---|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main Meal | Chicken Korma Served with Boiled Rice & Naan Bread (Halal) | Homemade Beef Lasagne Served with Garlic Bread | Chicken Fajita Served with Diced Potatoes & Coleslaw (Halal) | Pork Sausages Served with Mashed Potatoes, Peas & Gravy | Chicken Burger or Battered Fish Served with Chips (Halal) |
| Vegetarian Meal | Vegetable Sweet & Sour Served with Boiled Rice & Spring Rolls (Vegan) | Vegetable Pasta Bake Served with Garlic Bread | Vegetable Quiche Served with Diced Potatoes & Coleslaw | Vegetable Sausages Served with Peas & Gravy | ¼lb Vegan Burger Served with Chips (Vegan) |
| Extra's | <p style="text-align: center;">Jacket Potato with Cheese ,Baked Beans or Tuna Mayonnaise Available Monday – Thursday</p> <p style="text-align: center;">Small Pasta & Sauce Available Monday - Thursday</p> <p style="text-align: center;">(All of our chicken is Halal—including sandwiches/wraps etc. The beef and pork we use is not halal)</p> | | | | |

World Mental Health Day

Last Friday was World Mental Health Day and Mr Naidoo and our wonderful Student Leadership Team kindly organised for various activities to take place during both breaks. The students really liked the 'positive post it' activity!



Remembrance Day

REMEMBRANCE DAY

If you are a member of:

- Army Cadets
- Air Cadets
- Navy Cadets
- Scouts or Guides
- St John Ambulance
- Boys' Brigade or Girls' Brigade

Please see Mrs Langdon in Room A131 to collect your Remembrance Day Parade letter to come to school in your uniform

LEST WE FORGET

JOIN US TO HONOUR AND REMEMBER THOSE WHO SERVED FOR OUR FREEDOM.

Are you part of a uniformed group?



Flu Vaccinations



Vaccination UK will be in school on Monday 03 November 2025 for flu vaccinations.

Please click the link below for further details and to provide consent or decline:

<https://eastanglia.schoolvaccination.uk/flu/2025/essex>



Fixtures



Next week's fixtures

MONDAY 3rd

TUESDAY 4th

Y8 Rugby Finals @ Brentwood

WEDNESDAY 5th

Y8 Netball v Shoebury (H)

THURSDAY 6th

FRIDAY 7th

Cross Country

Southchurch proudly welcomed Chase for a friendly cross-country fixture, with an excellent turnout from both schools.

Mr Blows expressed how proud he was of all the runners as they took on the challenging 3k course around Southchurch Fields. Every athlete showed great determination and resilience, giving their best effort from start to finish.

It was fantastic to see everyone complete the course so confidently - a brilliant effort all round!

Football

After a not-so-great start to the season, the boys had a chance to bounce back at an away game vs Cecil Jones.

The boys did just that, they worked hard as a team and Mr Calder and I saw a big improvement in attitude since their first game.

Goals from Asher, Pavel (3), and Oscar (2) meant we had a dominant 6-1 win, but our Man of the Match was Umer! His defensive and passing work in midfield meant that Cecil Jones couldn't build any attacks and kept us in possession of the ball.

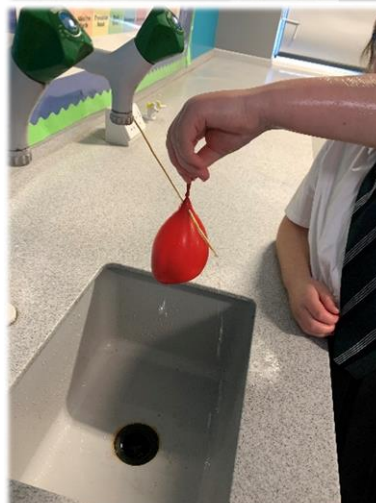
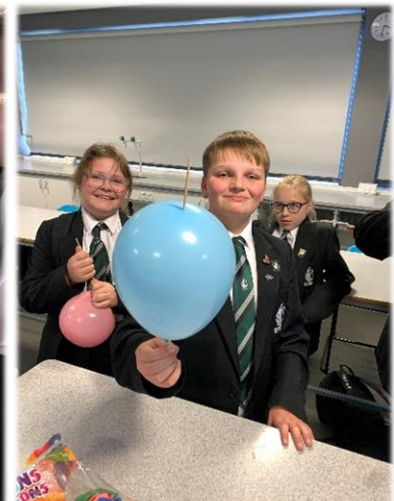
A great team performance and looking forward to building on this momentum - Well done!



Science

At this week's Science club, students were trying to put a skewer through an inflated balloon without it popping.

Although it proved very difficult, we did have some success!



Food Tech

Some of our Year 7 students have come to the last week of Food Tech for this rotation and what better way to end this half of the term than with Pizza Wheels!



Student of the Week

We are so proud of Tegan; she is our Student of the Week!



Diwali



Art

Year 10 Art students have been researching the works of Marcia Baldwin and using oil pastels to create bold, layered, and textured work.

They're so talented!



WELL-BEING

Every act of kindness counts

Science shows there are many ways that helping others can boost happiness.

From small acts like a friendly smile, a few kind words, helping with bags, offering up our seat, to regular volunteering - there are lots of different ways we can be kind. It's not all about money - we can give our attention, time, knowledge, ideas, energy or support. We can give the benefit of the doubt too.

Reflection: What's an act of kindness you could do today?

RANDOM ACTS OF KINDNESS



hold the door



leave a basket of balls at the dog park



buy school supplies for a teacher



donate old clothes to charity



check in on loved ones



compliment a stranger



plant wildflowers



read a book with your child



give someone a "just because" gift



pay for the person behind you



make cookies for a neighbor



give a coworker kudos



Matthew has been given a Jack Petchey Achievement award following his demonstration of both teamwork and leadership skills on the Duke of Edinburgh Award expedition.

He helped carry extra weight when two of the girls were struggling. He also took a lead role in both navigation and the building of group morale over the whole weekend. He was always first to volunteer to help with something and he was incredibly helpful throughout the expedition.

Well done Matthew!



"If you think you can, you can"

Youth Day

YOUTH DAY
VICTORIA SHOPPING CENTRE
THURSDAY 30TH OCTOBER 25
11AM TO 4PM

LIVE PERFORMANCES FROM ALL IN MUSIC

JOIN US FOR A FUN HALLOWEEN-THEMED DAY FOR YOUNG PEOPLE AND FAMILIES!
DISCOVER WHAT'S ON FOR YOUNG PEOPLE
SIGN UP TO VOLUNTEER AT YOUTH CLUBS
GET ADVICE & SUPPORT

DRESS UP IN YOUR BEST HALLOWEEN COSTUME!

Partners: Victoria Youth Centre, Southend YMCA, Brook, everyonehealth, openroad, SECH, Southend-on-Sea City Council, Southend SEND Local Offer, Southend Vineyard, Garon Park, wellbeing, South Essex Community Hub.

Useful helpline details

Childline 0800 1111

<https://www.childline.org.uk/get-support/>



Samaritans 116 123

<https://www.samaritans.org/>



Young Minds

<https://www.youngminds.org.uk/young-person/find-help/i-need-urgent-help/>

Shout Text YM to 85258



Library Corner



Word of the Week:

Serenity

Noun

Meaning: A state of utter calm and unruffled repose or quietude.

This week's theme is: Diwali

Key date: 20th October

Did you know?

- The word 'Diwali' derives from the term for "row of lights" in Sanskrit, the sacred language of Hinduism.
- It is believed that the goddess of wealth and prosperity, Lakshmi, was born on Diwali.
- Another popular Diwali tradition is Rangoli, where colourful patterns are drawn from powders and flowers at the entrance of people's homes.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 7 | 2 | 9 | 6 | | 8 | 3 | 5 |
| 8 | | | | 3 | 2 | 7 | 4 | 6 |
| | | | 7 | 8 | | | 2 | 1 |
| | 2 | 4 | | 5 | 8 | 6 | | |
| | | | 4 | | 7 | 2 | | |
| 8 | 7 | | 9 | | 4 | | | |
| 4 | 9 | | | 5 | | | 2 | |
| 6 | | | | | 3 | | 8 | |
| 1 | 8 | | | | 5 | 9 | | |

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle. Words can go in any direction. Words can share letters as they cross over each other

| | | | | | | | | | | | | |
|------------|---|---|---|---|---|---|---|---|---|---|---|---|
| Broomstick | U | X | F | I | P | L | R | U | G | M | N | O |
| Costume | G | S | C | A | R | Y | L | S | S | S | I | O |
| Halloween | H | B | R | O | O | M | S | T | I | C | K | N |
| Midnight | V | A | J | M | X | Y | E | I | S | X | P | S |
| Monsters | Z | F | L | K | M | E | S | K | K | M | M | T |
| October | S | R | A | L | W | I | E | H | P | W | U | E |
| Pumpkin | B | V | E | S | O | L | D | X | L | P | P | R |
| Scary | W | R | P | B | E | W | G | N | K | N | M | S |
| Skeleton | K | K | F | T | O | P | E | H | I | X | Q | N |
| Sweets | J | X | O | A | I | T | R | E | M | G | V | A |
| | Z | N | U | H | Y | W | C | I | N | X | H | V |
| | E | M | U | T | S | O | C | O | R | U | P | T |
| | B | U | S | S | N | D | Q | E | I | B | H | X |

LIBRARY INITIATIVES



Spooky Stories



A big thank you to all the students who came, read and took part in our spooky stories event, a great time had by all.

We wish you a relaxing break and see you in November.

Accelerated Reader

Well done to all of our fantastic readers and quizzers, we are now up to an amazing

5,688,988 Words read

With Year 7 in the lead with

3,204,385 Words read

Chess Champions

Students are enjoying the chess at break and lunch and our leader board is filling up with many great new players from year 7!



Who will be our new Chess Champions?



Important Information

- Remember to quiz each book you finish on Accelerated Reader to add to your word count. There are prizes for all students who climb our ladder and reach the word count goals. See the librarians for your login details.
- Teams Page Remember to check the library teams page for :
Updates and Announcements
News Articles and Accelerated Reader Leader board Information

