



Southchurch High School

Friday 22 March 2024

The Southchurch Way

A community of opportunity, learning and aspirations



Issue number: 25

Message from the Headteacher

As we enter our final week of this spring term, it is good to reflect on what a busy term it has been for the school community and this week has been no exception once again.

The start of the week saw our Year 11s taking their English Speaking exams on Monday and Tuesday; thank you to Ms Gradwell, Mrs Neil and Mrs Adams for their kind support of these exams.

Thank you to Miss Waite and Miss Townley for kindly supporting the Netball Rally for our Year 7 and 8 students at Westcliff High School for Girls on Tuesday. For some of our students this was their first netball rally. Thank you to all the students who represented the school so impeccably.

Some of our Year 9 and 10 Performing Arts students had the wonderful opportunity to attend a workplace visit to the Cliffs Pavilion on Wednesday, kindly supported by Miss Smith and Mr Merritt. Students were able to see behind the scenes with a tour that included the dressing rooms, kitchen areas and both restaurants. The students heard from the Technical and Programming Teams and were also set a marketing challenge exercise. I'm sure you will agree we are very lucky to have such a wonderful venue, such as the Cliffs Pavilion and, of course, The Palace Theatre, on our doorstep! A truly inspiring day showcasing the many career paths on offer within the Creative Sector! Please check out our school Facebook page for photos from the visit.

Ahead of our students in Year 9 finalising their option choices, we held our Year 9 Options Evening for our students and their parents/carers on Wednesday. The evening provided an opportunity for those attending to listen to talks on the respective option subjects and to ask questions in order to make informed choices for their studies in Key Stage 4. I would like to personally thank all those staff who contributed to the success of the evening. It was wonderful to receive so many positive comments from so many of you following your attendance at the evening.

We were delighted to welcome some lovely little visitors to the school today. Thank you to Mrs Miller, Mrs Elliott-Waldron, Mrs Papoulia-Taylor and Miss Cooper who very kindly brought their children into school to work with our Year 11 Child Development students.

You may have already seen from our Facebook page that we are hosting a Southchurch High School reunion for ex-students of the school. If you, or anyone you know, attended the school then please check out the post on our Facebook page for further details.

Finally, myself and my Senior Leadership Team are looking forward to meeting you at our next Parent Forum which takes place next Wednesday, 27 March at 6.00 pm; a letter has already been circulated to parents/carers. It will provide you with an opportunity to ask any questions of us you may have, hear more about the actions we have carried out, our plans for the remainder of this academic year and beyond. I very much hope to see you there.

Mrs Airoll
Headteacher

Menu

| SWAN'S RESTAURANT | | | WEEK 1 | | |
|-------------------|---|--|--|---|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main Meal | Pork Sausages Served with, Yorkshire Pudding Mashed Potato & Peas | Spaghetti & Meatballs Served with Garlic Ciabatta | BBQ Pulled Pork Wrap Served with Pomes Noisette Potatoes & Coleslaw | Roast Chicken Served with Roast Potatoes Mixed Vegetables & Gravy | Chicken Burger Chicken Dippers Or Battered Fish Served with Chips |
| Vegetarian Meal | Vegetable Lasagne Served with Garlic Ciabatta (Vegetarian) | Sweet & Sour Vegetables Served with Boiled Rice (Vegan) | Vegetable & Cheese Potato Skins Served with Coleslaw (Vegetarian) | Vegetable Stew & Dumplings (Vegan) | Meatless Sausages Served with Chips (Vegan) |
| Extras | Jacket Potato with Cheese ,Baked Beans or Tuna Mayonnaise Available Monday – Thursday Small Pasta & Sauce Available Monday - Thursday | | | | |

Key Dates

| | |
|--------------|-------------------------------------|
| 27 March | Parent Forum |
| 28 March | Year 7 Dover Castle trip |
| 29 March | Good Friday School Closed |
| 1 - 12 April | Easter Holiday |
| 15 April | Students return to school |
| 17 April | Year 8 Curriculum Evening |

SEND News

Executive Function Skills - Planning

Over the next few weeks of SEND news we are going to be talking about executive function skills. Executive function is like the manager of the brain - it helps you plan, organise, and get things done. There are seven skills that are classed as executive function skills, in the last SEND news we focused on task initiation. This week we will be focusing on the skill of planning. This is the part of executive functioning that helps you to ensure that everything gets done. This is really important for academic and personal success.

By having a plan of how we are going to do things we are able to ensure that everything is completed and we are able to achieve to the best of our ability. Sometimes it is tempting to think I'll just do things when I get to them, but this might mean we prioritise the wrong things, or even forget about certain tasks.

Here are some tips for our students:

1. Setting goals: this is a really important step in planning as it helps us to know what we want to achieve at the end of it
2. Make a to-do list: this helps us to see all of the jobs that need doing. From here we are able to decide what are the most important tasks and work out how long they may take us
3. Break tasks down: breaking tasks in to manageable steps means that you are more likely to complete the task fully
4. Routine: Having a routine can help us to plan when we will do things as we know what to expect and when
5. Organisation: using a planner, diary or app can help you to plan when things should happen

Planning can sometimes make it feel like there is a lot to do, however by planning we are able to understand what we need to achieve.

Lost Property

Make up bag containing nail varnish

Blazer - Size 37

Hype puffer coat

Black Regatta coat

Black Primark coat

Blue camo pencil case

Grey camo pencil case

Jordan pencil case

Black Pencil case

PE kit and football boots in Navy PE Bag

PE Kit in Yellow JD Bag

Blue bike helmet

Southchurch School Jumper - Size 36

School Shoes - Size 42

Multi-coloured wrap

Blue and stars bobble hat

Red Nose Day

On Friday 15 March, we held a fundraising event for Red Nose Day to raise funds for Comic Relief.

Students were able to come into school wearing a red accessory for a 50p donation and there was also a bake sale during breaktime.

Lots of fun activities took place throughout the day, including a badminton competition and 'Sponge the Teacher!'

We raised £96.37, so well done to everyone who took part!





This week's focus is on the (NHS) 5 steps to wellbeing. We hope you have fun trying some of these suggestions. There is more information on the MIND and NHS website.

<https://www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/>

5 steps to mental wellbeing

Evidence suggests there are 5 steps you can take to improve your mental health and wellbeing. Trying these things could help you feel more positive and able to get the most out of life.

1. Connect with other people

Good relationships are important for your mental wellbeing. You could arrange a day out with friends or take time each day to be with your family.

2. Be physically active

Being active is not only great for your physical health and fitness. Evidence also shows it can also improve your mental wellbeing.

3. Learn new skills

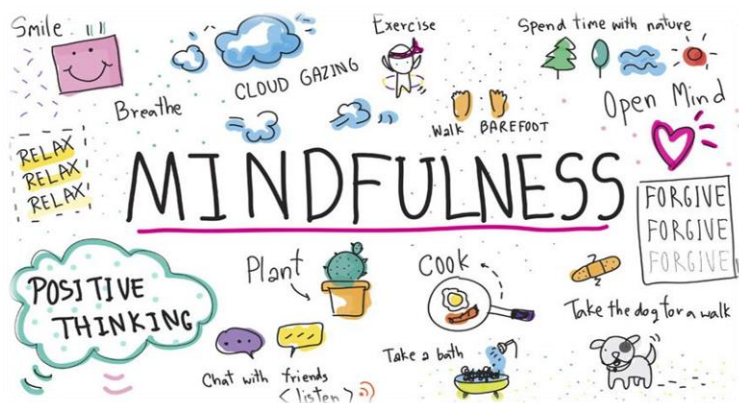
Learning new skills and hobbies can also improve your mental wellbeing by boosting your self-esteem and giving you a sense of purpose.

4. Give to others

This could be as easy as saying thank you to someone for something they have done for you.

5. Pay attention to the present moment (mindfulness)

This awareness is called mindfulness and it can improve your wellbeing.



Year 8 Football Match

Well done to the Year 8 football team who played an excellent match against Fitzwimarc in the quarter final of the South Essex Cup.

The score did not flatter Southchurch as we lost 7-0 however, they did not give up fighting regardless of the score.

A massive thank you to the huge number of students who came to watch the game and support their fellow schoolmates, this was hugely appreciated!

Well done to Bertie, Bobby, Christian, Oliver, Lucas S, Charlie N, Alfie S, Harry G, Alfie R, Charlie E, Leon B, Matty H, Josh C, Brandon W and Jack D.



Year 11 Easter Half Term Revision Sessions

On the following page you will find a timetable showing the revision sessions available for Year 11 students during Easter half term. A copy of the above timetable can also be found on our website.

The sessions will run from:

• Monday, 8 April up to and including Friday, 12 April, 2024

Students are not required to wear school uniform, but will need to bring their usual classroom equipment (pens, pencils etc.)

There will be no facilities for purchasing food on site. Therefore, if students are in school all day, they will be required to bring a packed lunch.

In addition, please be aware in guideline with our safeguarding procedures, students will only be able to enter and depart via the main entrance to the school, at the times listed below:

- 9.00 – 11.00 am
- 11.00 – 11.30 am - break
- 11.30 – 1.00 pm

If you have any questions regarding the above sessions, please do not hesitate to contact the school on 01702 900777 or via email; info@southchurchschool.com



Year 11 Easter Half Term Revision Sessions

Monday, 8 April up to and including Friday, 12 April, 2024

| TIME | MONDAY 8.4.2024 | TUESDAY 9.4.2024 | WEDNESDAY 10.4.2024 | THURSDAY 11.4.2024 | FRIDAY 12.4.2024 |
|-------------------|--|---|--|---|---|
| 9.00-11.00 | Science Biology, Chemistry, Physics Foundation Room A119 9.00-11.00 am | English Writing for purpose; Language Paper 2 Room C004 9.00-11.00 am | PE Room C002 9.00-11.00am (selected Year 11 students) | Science Chemistry Foundation Room A117 9.00-11.00 am | French French Foundation Room C005 9.00-11.00 am |
| | Hospitality Coursework Room B102 9.00-11.00 am | PE Room C002 9.00-11.00am (selected Year 11 students) | Enterprise & Marketing R069 Assignment Work Room B102 9.00-11.00 am | Science Physics Room A116 9.00-11.00 am | French French Higher Room C016 9.00-11.00 am |
| | Health and Social Care Coursework Room C000 9.00-11.00 am | | | | Mathematics Room A025 9.00-11.00 am |
| | | | | | |
| 11.30-1.00 | Geography Room A135 11.30-1.00 pm | PE Room C002 11.30-1.00 pm (selected Year 11 students) | PE Room C002 11.30-1.00 pm (selected Year 11 students) | Science Chemistry Foundation Room A117 11.30-1.00 pm | |
| | | English Literature 'An Inspector Calls' Room C004 11.30-1.00 pm | Enterprise & Marketing R069 Assignment Work Room B102 11.30-1.00 pm | History Room A126 11.30-1.00 pm | |

Library Corner



Word of the week:

Ubiquitous

Adjective

Meaning: Existing or being everywhere at the same time.
Constantly encountered (Widespread)

This week's theme is: UN Anti - Racism Day

Key date: 21 March

Did you know?

- More than a third of people from ethnic and religious minority groups in Britain have experienced some form of racist assault.
- 18% of Brits report having the racist view that some races are born naturally more intelligent than others.
- 95% of Black British people have witnessed racist language in education.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | | | | | 5 | 1 | 2 | |
| 5 | | 1 | 2 | | 7 | | | |
| | | 6 | 9 | 8 | | 7 | 4 | |
| 9 | 6 | 5 | | | 2 | 3 | | |
| | | 7 | | | | | | 6 |
| 8 | 4 | | | | 6 | | 1 | 2 |
| | | | | 2 | 8 | | | 7 |
| | 5 | | | | 4 | 2 | | |
| 1 | | 2 | 6 | | | | | |

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle.
Words can go in any direction.
Words can share letters as they cross over each other

Biases
Campaign
Change
Difference
Participation
Reform
Standing
Together
Ubiquitous

E G Y T A B Z M T M E Q C
G O S I T J I O G X K Y U
N F Y Z A F G A U F E H B
A M C Z N E M G S D N N I
H L P R T R M R I E G K Q
C K G H V U W I O I S J U
H J E D A F P P A F M G I
W R Q U Y W Z P Q B E U T
I I J X C N M X M R M R O
G N I D N A T S Y D C F U
G F C K C X R O F G S F S
I G Y D I F F E R E N C E
P A R T I C I P A T I O N

LIBRARY INITIATIVES

Welcome to the Library

Miss Watson and Ms Strover would like to remind you that the library is open during break/lunch and after school on Monday-Thursday until 4pm!

Library Club: Open Until 4pm

A calm, quiet place to come and sit and read on our comfy beanbags or to enjoy a game of Chess, Othello or Scrabble.



Chess Champions



Do you want to learn a new skill? Improve your logic, concentration and problem solving? Then learn how to play chess! Chess runs everyday during all of our opening hours! If you decide to play a competitive game, the winners are put onto our Chess Champions leader board!

Homework Club: Open Until 5pm

Homework Club is open Monday-Thursday and there are members of staff on hand to help if needed. Students can access the computers for study and coursework and are welcome to stay until 5pm for homework only.

Important Library News

- Please remember to bring your overdue books back to the library. Student librarians come to form rooms once a week to give you an opportunity to renew or hand books in.
- Remember to quiz each book you finish on Accelerated Reader to add to your word count. There are prizes for all students who climb our ladder and reach the word count goals. See the librarians for your log-in details.





SOUTHCHURCH HIGH

CAREERS

NEWS & UPDATES

March 2024



Year 10 Work Experience 1 – 5 July

The deadline for Work Experience forms is next week! ... **28 March.**

Please can you help your child secure a work placement, or if you need help email:

asmith@southchurchschool.com

Year 8 'Take Your Child to Work' Day – Forms can still be submitted

Please note you can still return the form despite the deadline date being last Friday, 15 March.

However, if your child is NOT able to take part in this day, please can you kindly email to advise:

asmith@southchurchschool.com

Thank you for all your support.

Workplace Visit to Cliffs Pavilion, Westcliff

Some of our Year 9 & 10 Performing Arts students had the amazing opportunity to attend a Workplace Visit to the Cliffs Pavilion, Westcliff on Wednesday. Students were treated to a technical talk in the large auditorium followed by a venue tour, where they were able to see behind the scenes; including where the equipment is loaded in for the shows and the various dressing rooms and facilities. They were then able to hear from Hospitality and visited the kitchen areas. Our tour took us through the Restaurant and Maritime Room, which both have a spectacular view over the estuary. They were then set a Marketing challenge which tested their thinking and communication skills; and lastly our students heard from the Programming Team who source the acts/shows, liaise with producers and set up the contracts and deal with the financial aspects. It was an absolutely fantastic and inspiring day; showcasing the many different careers within the Creative Sector.

We are so very lucky to have a venue like this (and the Palace Theatre) who attract so many wonderful performers, on our doorstep!

We are extremely grateful to [Greater Essex Careers Hub](#) for organising this day for us in collaboration with [Southend Theatres](#).

The Scholar's Programme: The Brilliant Club

16 Year 7 and Year 8 students had their 'tutor' launch session from The Brilliant Club on Wednesday. It was a chance for students to meet their PhD tutor and learn about the exciting project they will start after Easter: Power and portraiture (Art).

This is a fantastic opportunity for our students, which has been kindly funded by [South Essex College](#). Thank you to Mrs Winter for her hard work with setting this up.