



Message from the Headteacher

Once again, we have had an extremely busy week at Southchurch High!

The Year 11 mock examinations finished this week with students sitting their French speaking exams. Students will receive their GCSE mock results next week ahead of the Year 11 Parents' Evening next Thursday, 14 March.

Thank you to Mrs Adams for kindly organising the reading tests on Monday for all students in Years 8 and 9. The reading tests are an important part of our continued drive to improve reading ages and literacy skills and we implement a termly reading assessment for each year group. These tests are rigorous and help us to determine which students require intervention in either literacy (phonics-based learning) or reading (comprehension and inference skills, for example). Without an age-appropriate level of reading, students will find it more challenging to access the curriculum in all subjects.

On Tuesday, a small number of Year 8 students visited the Greenwich Maritime Museum kindly organised by Miss Fraser for students to develop their knowledge of the British Empire and exploration of the globe. Students attended a workshop regarding the British Empire and the Atlantic Slave Trade and also visited the Cutty Sark enabling students to experience life on a trade ship. Thank you to Miss House and Miss Smith who also kindly accompanied the trip.

Thank you to Mr Webster for his support of the rugby sevens tournament at St Thomas More School on Tuesday and to all those Year 9 students who took part.

On Wednesday, Miss Waite kindly supported students from Years 7 to 11 at Southend Borough's swimming gala at Garon Park. All the students performed incredibly well and we were especially proud of Harry, Year 11, who won a gold in the 50 metres open butterfly and silver in the 50 metres freestyle. Thank you to Miss Waite and all the students who took part.

We were delighted to welcome a number of Trustees from Partnership Learning, the school's Academy Trust, on Wednesday. The Trustees' schedule included a Learning Walk of the school accompanied by students from the Student Leadership Team, as well as a meeting with selected students. Thank you to all those students and staff who kindly assisted with their visit.

Thank you to all those parents/carers of students in Year 9 for their attendance at Wednesday's Parents' Evening.

Parents' Evening are always important for parents/carers to attend and none more so that this parents' evening ahead of the Year 9 Options Evening which takes place on Wednesday, 20 March as students will be picking their option subjects very soon that they wish to study for GCSE/BTEC. A letter will be sent to all Year 9 parents/carers early next week with further details of the evening.

To mark World Book Day yesterday, our Librarians, Miss Watson and Ms Strover, kindly organised a number of events throughout the week. Students received their World Book Day tokens on Monday which students may redeem at local book shops and even some local supermarkets, if they have not already done so. Yesterday they ran a 'readathon' throughout the day and at lunchtime the school community took part in a mini picture quiz. Other activities during the week included a book quiz for Year 7s, 'The Masked Reader' competition and the 'Golden Ticket' event. A huge thank you to Miss Watson and Ms Strover for their wonderful organisation and support of the week. It is so important that we, as a school, and yourselves as parents/carers, encourage our young people to read!

It was also National Careers Week this week and Ms Smith organised a number of activities throughout the week.

Thank you to Mrs Wood and Miss Stockman for their organisation and support of last night's Triple Science course launch event for parents/carers of selected Year 10 students.

Our Year 11 Geography students took part in a field trip to Southend High Street today, which is a compulsory part of their GCSE course, kindly accompanied by Miss Goodwin and Mr Braham. Thankfully, although a bit cold, it was a bright and sunny day!

To mark International Women's Day today, students in Years 7, 8 and 9 were taught a stand-alone subject specific lesson during their timetabled Period 5 lesson today. As this year's theme is "Inspire Inclusion" the lesson focused on the themes of equality, inclusivity and women in the different subject areas. Cupcakes, with toppers displaying the International Women's logo and Southchurch High School logo, were also on sale today during break.

Please remember that we shall be holding a car boot sale, **tomorrow**, Saturday 9 March which starts at 8.45 am. All are welcome to come along!

Finally, we are looking forward to welcoming a new member of staff on Monday, Mrs Powell, Teacher of English, to the Southchurch High School community.

Mrs Airoll
Headteacher

Menu

SWAN'S RESTAURANT WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Sausages Served with, Yorkshire Pudding Mashed Potato & Peas	Spaghetti & Meatballs Served with Garlic Ciabatta	BBQ Pulled Pork Wrap Served with Pommes Noisette Potatoes & Coleslaw	Roast Chicken Served with Roast Potatoes Mixed Vegetables & Gravy	Chicken Burger Chicken Dippers Or Battered Fish Served with Chips
Vegetarian Meal	Vegetable Lasagne Served with Garlic Ciabatta (Vegetarian)	Sweet & Sour Vegetables Served with Boiled Rice (Vegan)	Vegetable & Cheese Potato Skins Served with Coleslaw (Vegetarian)	Vegetable Stew & Dumplings (Vegan)	Meatless Sausages Served with Chips (Vegan)
Extras	Jacket Potato with Cheese ,Baked Beans or Tuna Mayonnaise Available Monday – Thursday Small Pasta & Sauce Available Monday - Thursday				

Key Dates

09 March	Car Boot Sale
14 March	Year 11 Parents' Evening
15 March	Comic Relief - Red Nose Day
20 March	Year 9 Options Evening
27 March	Parent Forum
29 March	Good Friday School Closed
1 - 12 April	Easter Holiday
15 April	Students return to school

Car Boot Sale

Don't forget we have a Car Boot Sale tomorrow, Saturday, 9 March.

It opens at 8.45am, so come along and grab a bargain!

Car Boot SALE



Saturday 9th March, 2024

In aid of fundraising for Prom 2024
 At Southchurch High School
 Southchurch Boulevard, SS2 4XA
8am for sellers – 8.45 for buyers

Advanced bookings: £5 for cars and £7 for vans (no bigger than transit size)
On the day: £3 extra



To book a pitch please contact: Ms Tower on 01702 900754 or by email ltower@southchurchschool.com
 Will be first come, first served. Limited pitches.

Year 8 History Trip

The Year 8 students had a lovely time on Tuesday's History trip to London. They were treated to an excellent workshop organised by the National Maritime Museum which allowed students to analyse some primary sources, and handle replica artefacts, regarding the enslavement of African people.

They then visited the galleries to learn about the British trade and empire, the British Empire being our most recent scheme of work.

Finally, the students enjoyed a visit on the Cutty Sark ship which used to be a tea 'clipper' trading ship.

Thankfully the rain held off for us whilst we were on deck!



Swimming Gala

On Wednesday, seven of our students from Years 7 - 11 competed in the Borough Swimming Gala at Garon Park. All the students did incredibly well and should be proud of the way they represented the school, both inside and outside of the pool.

A special mention must go to Harry in Year 11 who won gold in the 50m Open Butterfly and silver in the 50m Freestyle.



Fixtures



Next week's fixtures

MONDAY 11th
Interhouse Basketball (All Years)

TUESDAY 12th
Year 8 Football v Fitzwimarc (A)
Cup Game!

WEDNESDAY 13th

THURSDAY 14th

FRIDAY 15th
Staff v Student Badminton
@ 1st Break



INTERHOUSE BASKETBALL

MONDAY 11TH MARCH
(ALL YEAR GROUPS)

SIGN UP FOR OUR INTERHOUSE BASKETBALL EVENT AND COMPETE FOR YOUR HOUSE TO EARN HOUSE POINTS. PLEASE BRING IN YOUR PE KIT FOR THIS EVENT AND HEAD TO THE CHANGING ROOMS. YOU WILL BE PLAYING MIXED GAMES IN YOUR YEAR.

SCAN THE QR CODE TO SIGN UP!





Lost Property

New lost property for this week!

If your child has misplaced anything, please send them to the main office as soon as possible.

Southchurch PE jumper size 34/34

Southchurch PE jumper size 30/32

Small Hype puffer jacket

Closure London black hoodie

PE kit and football boots in navy PE bag

PE kit in yellow JD bag

Right Puma trainer – Size 7

Blazer size 40



DO SOMETHING FUNNY FOR MONEY

RED NOSE DAY
FRIDAY 15 MARCH

- STAFF Vs STUDENTS BADMINTON (1ST BREAK)
- SPONGE A TEACHER (2ND BREAK)
- WEAR A RED ACCESSORY

WHAT ELSE CAN I DO?

- BUY SOMETHING FROM THE BAKE SALE

HOW MUCH?

50p donation to wear something RED
Money goes to Comic Relief & Prom 2024

WE SUPPORT COMIC RELIEF





Having goals for things we want to do and working towards them is an important part of being human. The path towards our goals may not always run smoothly or be easy, but having goals, whether big or small, is part of what makes life good. It gives us a sense of meaning and purpose and points us in the direction we want to go. It gets us interested, engaged and it is good for our happiness.

Think of each small goal as a stepping stone towards a happy future. You don't know where it might take you.

Decide - think of something you want to do or work towards

Write it down - this increases our chances of sticking to it

Tell someone - this makes us more committed

Break your goal down – think of smaller goals as stepping stones to reach your main goal

Plan - your first step

Keep going - understand that it may be frustrating or difficult, but don't give up

Celebrate - and remember to thank people who have helped you

Over the next few weeks of SEND news we are going to be talking about executive function skills. Executive function is like the manager of the brain - it helps you plan, organise, and get things done. There are seven skills that are classed as executive function skills, and this week we will be focusing on task initiation. This is the part of executive functioning that helps you start tasks without procrastinating.

At times we all might find it challenging to get started on tasks or homework. Sometimes, it's tempting to put things off until the last minute. But improving task initiation skills can help us to manage our time better and reduce stress.

Here are some tips for our students:

1. Break tasks into smaller steps: If a task feels overwhelming, break it down into smaller, manageable steps. This can make it easier to get started.

2. Set specific goals: Instead of saying "I'll work on this later," set specific goals like "I will start my homework at 4 pm." This can help you focus and get started.

3. Create a routine: Establishing a daily routine can make it easier to start tasks consistently. Set aside specific times for homework, or other responsibilities.

4. The right environment: Create a quiet, organised space for studying and completing tasks. Try to minimise distractions and ask for help when needed.

Remember, developing good task initiation skills takes practice and patience. However, we hope that these tips may go some way to helping both in school and at home.

SMART GOALS!

Setting S.M.A.R.T. goals can help keep you motivated and get you closer to reaching your goal!

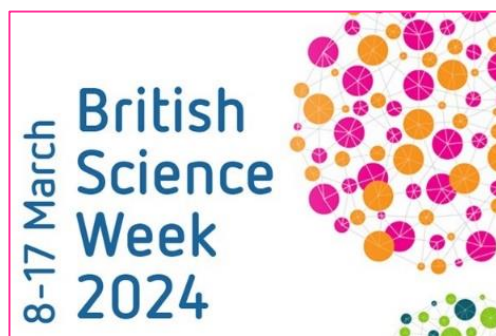
SPECIFIC: What is the exact goal that you are trying to accomplish?

MEASURABLE: How will you be able to see that you are making progress?

ATTAINABLE: Is this a goal that you think you can actually reach?

RELEVANT: Is this something that's important to you right now?

TIME-BOUND: When do you think you'll be able to reach your goal?



Science Club

On Thursday, in science club, students made lava lamps and investigated the science between the hydrophobic liquids!



Library Corner



WORLD
**BOOK
DAY**
7 MARCH 2024

Word of the week:

ENSHRINE

Verb

Meaning: To preserve or cherish as sacred.

This week's theme is: World Book Day

Key date: 7 March

Did you know?

- The longest time spent reading aloud is 113 hours 15 minutes, a record set by Deepak Sharma Bajagain in Nepal in 2008.
- The youngest person to have written a commercially published book is Dorothy Straight, whose *How the World Began* came out when she was four.
- 100 years after it was taken out, a book was returned to a San Francisco library by the great-grandson of the original borrower.

1		7			8	9	6	2
3				4		5		
	8		6				4	3
	5						9	1
	3		8		6			7
		1						4
2	7				1		3	
	9	3	2					6
6	1	8		9				

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle.

Words can go in any direction. Words can share letters as they cross over each other

Author	R H W D Z C A N R A Y J Q
Adventure	Z E R E A V O X B D S Q G
Biography	W C A J A I X I B V A C Z
Characters	I A S D T U O V S E T G O
Chapter	K G B C I G T P I N N Y A
Fantasy	L I I L R N K H I T A H D
Fiction	R F O A G E G L O U F V D
Myth	U C P S R E T C A R A H C
Reading	O H M Y T H D P X E Z I O
	Y W V Y R P D O A I S K Z
	B M E N N S F T M H G L L
	X Q D A H T P E K J C B O
	I P N U E W J Y X O L E D

WORLD BOOK DAY CELEBRATIONS 2024

A huge THANK YOU to everyone who took part in our WORLD BOOK DAY events this week!

Throughout the week the year 7 classes took part in a world book day quiz and became very competitive in their teams!

On World Book Day the Library was a **reading only zone!** We had a readathon in the Library all day, and students came in to read during every break time.

On WORLD BOOK DAY, the Library team set up in the canteen all day, running a quiz where students had the opportunity to win prizes.

Congratulations to all who participated.



THE MASKED READER



Thank you to every tutor group who has sent in their entry forms for The Masked Reader. Did anyone manage to figure out who Fiona was? Who was behind the Avocado ?

The reveal was on Friday in form and in assembly

Winners will be revealed shortly.



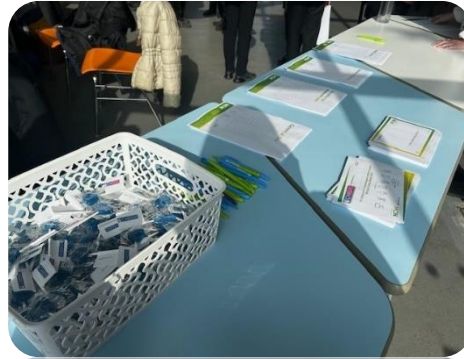


SOUTHCHURCH HIGH

CAREERS

NEWS & UPDATES

March 2024



Year 10 Work Experience

1 – 5 July

The deadline for Work Experience forms is looming... **28 March.**

Please can you help your child secure a work placement, or if you need help email:

asmith@southchurchschool.com

National Careers Week 2024 #NCW2024

We have been celebrating **National Careers Week** at Southchurch High School this week! On Monday we launched the NCW Virtual Careers Fair and some Year 10 students had a science lesson focused on careers that related to their topic of energy. On Tuesday we looked at T-Levels and some Year 7 students took part in a live webinar with Tim Peake where he talked about careers linked to space. Wednesday breaktime some of our students took part in some careers-related activities, and were rewarded with a certificate and a lollipop! Thursday, we looked at employability skills and on Friday students can do their very own Buzz Quiz to find careers related to their personality and strengths.



Please follow us on **LinkedIn:**

[Southchurch High School](https://www.linkedin.com/company/southchurch-high-school)



Year 8 'Take your Child to Work Day'

Please can you kindly return the form by **Friday 15 March.**

If you have not received the letter or would like a copy please email:

asmith@southchurchschool.com

Coming soon....
Wednesday 13 March

8-17 March
British Science Week 2024



Year 7

STEM Karts

Big Bang Promotions will be delivering an exciting, interactive, STEM lesson based around engineering for the future. All year 7's will have the opportunity to drive one of the ninebot Go-Karts designed by SEGWAY.



Please remember to bring in the permission slip to take part

SOUTHCHURCH HIGH CLUBS



EVERYDAY CLUBS MONDAY-FRIDAY FOR ALL YEARS

Breakfast Club
7am, all years, Canteen

Homework Club
3.05pm, all years, The Hub

Library Afterschool Club
3.05pm, all years, The Hub

MONDAY

BEFORE SCHOOL

Athletics – Endurance

7.30am, all years, Field

Dodgeball

7.30am, all years, Sports Hall

LUNCHTIME

Drop in Chess Club

All years, The Hub

Y7 Football MUGA

AFTER SCHOOL

Art Club All years, A020

Athletics – Sprinting

All years, Field

Chess Club All years, The Hub

French Spelling Bee

Y7, C005

Southchurch Choir

All years, Music room

Sports Leaders

Y9, location TBC

TUESDAY

BEFORE SCHOOL

Southchurch Athletes

7:30am, by invitation, Sports Hall

Spinning

7:30am, all years, Gym

LUNCHTIME

Library Club All years, The Hub

Photography/Film Club

All years, A136

Y8 Football MUGA

AFTER SCHOOL

Boys/Girls Football

All years, Sports Field

Cheerleading All, Sports Hall

S.T.A.G.E – School

Production Club

Cast Members, C003

PE Intervention Y10, C000

WEDNESDAY

BEFORE SCHOOL

Athletics – Endurance

7:30am, all, Sports Hall

BREAKTIME

Library Club All years, The Hub

LUNCHTIME

Drop in Chess Club

All years, The Hub

Y9 Football MUGA

AFTER SCHOOL

Archaeology Club (Week B)

Y7,8,9,10, A131

Athletics – Throwing, Field

Badminton All years, Sports Hall

Chess Club All years, The Hub

Gardening Club All years, Garden

Keyboard All, Music room

S.T.A.G.E – School Production

Club Cast Members,

Drama Studio

THURSDAY

LUNCHTIME

Historic Castle Building

KS3, A117

Drop in Chess Club

All years, The Hub

Y10 Football MUGA

AFTER SCHOOL

Computing

All, Computer Room

DofE Club Year 9, C002

Drama Club

KS3, Drama Studio

Guitar Club

All, Music Room

Netball Y7,8,9, Sports Hall

Rugby Club

KS3, Sports Field

STEM and Science Club

(Week B only) Y7, 8, 9, A119

Southchurch Newspaper

KS3, G4

H&S Care, Food Tech &

PE Intervention, B102

FRIDAY

BEFORE SCHOOL

Southchurch Athletes

7:30am, by invitation, Sports Hall

LUNCHTIME

Carnegie Book Club

Y9-11, G5

Drop in Chess Club

All years, The Hub

Karaoke Club

All, Drama Studio

Maths Challenge

All, A030

Y11 Football MUGA

AFTER SCHOOL

S.T.A.G.E – School

Production Club

Cast Members, Drama Studio

French Spelling Bee

Y7, C005

Gardening Club

All years, Garden

Hockey

All years, MUGA