



Message from the Headteacher

We hope that you and your family had a lovely half term. We enjoyed welcoming students back to school on Tuesday.

I would like to start by thanking all those Year 11 students who attended the intervention sessions this half term holiday. I would also like to acknowledge my thanks and appreciation to those Year 11 teachers who ran the intervention sessions. I know it was very much appreciated by all those students who attended.

Year 11 mock examinations continued this week with the French Writing, French Listening, French Reading and Geography Paper 2 taking place and next week, the final week, students will be sitting their French speaking exams.

I would like to express my huge gratitude to Mr Biggie for all his support and organisation of the skiing trip to Alpendorf, Austria, which took place over the half term. I would also like to thank Miss Atkinson, Miss Stockman, Miss Hanks, Mr Webster and Mr Parsons who also kindly accompanied the students. Students had the most amazing time, so much so, that following requests from students, we have decided to look at the possibility of running another skiing trip next year. An initial letter of interest has been sent to all parents/carers.

Although only a four-day week for students this week it has been a particularly busy week for events at school. On Tuesday and Wednesday, Ms Smith organised for Year 9 students to attend one-hour career workshops in school; the Aspire Workshops were run in collaboration with University Centre, South Essex. Students created their own 'career clouds' from an online quiz and also had the opportunity to ask questions of a current university student. Thank you to Ms Smith, Careers Advisor, for her organisation and support of these two days.

I would also like to thank Miss Taylor for kindly organising the graffiti workshops which took place on Tuesday and Wednesday for Year 8 students; students thoroughly enjoyed the experience.

A small number of Year 9 students attended the Layer Marney Outdoor Centre on Wednesday which was organised by the 'Southend Respect Project'. They all enjoyed their day.

For those of you who follow us on social media, you will have seen that we welcomed Adisa, the poet, to the school on Thursday. Adisa held workshops with Year 8 students and also held an assembly to the whole of the Year 8 group. Thank you to Miss Murray for kindly arranging the visit by Adisa. Adisa thoroughly enjoyed his time working with our Year 8 students, so much so, that he has confirmed that he would like to visit again!

On what was a very rainy day yesterday, our Year 8 rugby sevens team visited New Hall School, Chelmsford, for a tournament. A huge thank you to all of those students who took part and particularly to Mr Webster who accompanied the trip and returned to school extremely wet!

Thank you also to Miss Waite who kindly accompanied a small group of students to the Aquatics Centre at Stratford, on Thursday, for students to participate in a swimming gala.

On Thursday, Miss Stockman arranged for 'Make your Mark' to visit our school to work with our Student Leadership Team in order for our students to vote in a local Southend schools' ballot; Years 7 to 10 voted today and Year 11 will vote on Monday. Thank you to Miss Stockman for all her support of the Student Leadership Team.

Thank you to all those parents/carers of students in Year 10 for their attendance at yesterday's Parents' Evening. It was extremely well attended, on what was a particularly wet and windy evening, and thank you also for kindly completing the questionnaires.

To mark World Book Day next Thursday, our Librarians, Miss Watson and Ms Strover, are kindly organising a number of events throughout next week. All students will be receiving their World Book Day token on Monday; tokens may be redeemed at local book shops and even some local supermarkets. On Thursday, they will be running a 'readathon' throughout the day and at lunchtime the school community can take part in a mini picture quiz. Other activities during the week include a book quiz for Year 7s, 'The Masked Reader' competition and the 'Golden Ticket' event.

It is also National Careers Week next week and Ms Smith will be organising various activities throughout the week.

Please remember that we shall be hosting the St Vincent's food market, **tomorrow**, on Saturday, 2 March which will take place from 10.00 to 12.00 pm. Next Saturday, 9 March we shall be holding a car boot sale.

Mrs Airoll
Headteacher

Key Dates

02 March	St Vincent's Charity Food Market
05 March	Year 8 History trip to Greenwich
06 March	Year 9 Parents' Evening
09 March	Car Boot Sale
14 March	Year 11 Parents' Evening
20 March	Year 9 Options Evening
27 March	Parent Forum

Austria Ski Trip

The Southchurch ski trip to Austria over half term was a whirlwind of emotions and experiences.

Amidst the tears of frustration and fear, there were countless moments of laughter and camaraderie that brought us closer together. We faced challenges head-on, grew as individuals, and left the slopes as a family.

Here's to the memories made and the bonds forged – until next year!

Letters of interest are now available for Southchurch ski trip 2025.



Mr Maxfield is looking for donations of Lego to start a Lego club for year 7 and 8 this term.

If you or anyone you know has any old Lego that needs a new home, please bring it to C001 by 28 March.

Hope to see you at Lego club soon.

Menu

SWAN'S RESTAURANT		WEEK 2			
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Curry Served with Boiled Rice & Naan Bread	Homemade Steak Pie Served with Mashed Potato & Garden Peas	Chicken Fajita Served with Diced Potatoes & Coleslaw	Roast Pork Served with Roast Potatoes, Mixed Vegetables & Gravy	Chicken Wings or Battered Fish Served with Chips
Vegetarian Meal	Vegetarian Chilli Con Carne Served with Boiled Rice & Tortillas (Vegan)	Macaroni Cheese Served with Garlic Ciabatta (Vegetarian)	Vegetable Ciabatta Pizza Served with Diced Potatoes & Coleslaw (Vegetarian)	Meatless Sausages Served with Roast Potatoes Mixed Vegetables & Gravy (Vegan)	Vegetarian Sausage Roll Served With Chips (Vegan)
Extras	Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise Available Monday - Thursday Small Pasta & Sauce Available Monday - Thursday				

Art - Graffiti Workshop

This week, selected groups of our year 8 students had the privilege of taking part in a graffiti workshop, led by, none other than, famous artist John Bulley!

The students experimented with spray paint techniques, free hand and using stencils. It was so much fun!

We couldn't be prouder of how amazingly they behaved throughout and how talented they all are!

Thank you to Ms Taylor for organising the sessions.





WELL-BEING



Mindful March 2024

MONDAY



4 Notice how you speak to yourself and choose to use kind words

TUESDAY



5 Bring to mind people you care about and send love to them

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

THURSDAY



7 Take three calm breaths at regular intervals during your day

FRIDAY

1 Set an intention to live with awareness and kindness

SATURDAY

2 Notice three things you find beautiful in the outside world

SUNDAY

3 Start today by appreciating your body and that you're alive

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today dayofhappiness.net

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together

STEM Club – Years 7, 8 and 9



Next club is on **07.03.24** this combines science and STEM.

Making lava lamps

EVERY WEEK B

THURSDAY

ROOM A119

3.05-3.50pm

Prizes to be won!



Next week's fixtures

MONDAY 4th

Year 7 Rugby Tournament @ New Hall School

TUESDAY 5th

Year 9 Rugby Tournament @ Westcliff Rugby Club

WEDNESDAY 6th

Borough Swimming Gala

THURSDAY 7th

Year 7 Netball v Shoebury (H)

Year 8 Netball v St Bernards (A)

FRIDAY 8th

Car Boot SALE



Saturday 9th March, 2024

In aid of fundraising for Prom 2024

At Southchurch High School

Southchurch Boulevard, SS2 4XA

8am for sellers – 8.45 for buyers

Advanced bookings: £5 for cars and £7 for vans (no bigger than transit size)

On the day: £3 extra



SOUTHCHURCH HIGH

To book a pitch please contact: Ms Tower on 01702 900754 or by email ltower@southchurchschool.com Will be first come, first served. Limited pitches.

Library Corner



Word of the week:

RETINUE

Noun

Meaning: A group of helpers, servants or followers.

This week's theme is: Language

Key date: International Mother Language Day

Did you know?

- There are an estimated 7,000 different languages spoken around the world.
- 2,500 are thought to be in danger of extinction.
- Around 200 artificial languages have been created since the 17th Century.

		2			4		3	
		9	7			6		
6	4	1	5	3		2		
					2			4
1	5			6			2	3
2	8			5		9	1	
7	1	8						2
	2	6	8		5	3		1
3	9	5		1	6		8	

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle. Words can go in any direction. Words can share letters as they cross over each

other
Adjective
Alliteration
Character
Contrast
Language
Metaphor
Noun
Repetition

A R C H A R A C T E R A N
N V E R B S I R A T R D U
A O T P I K O P X W J J O
R P I M E H J E V N M E N
V N I T P T G M W R U C Y
Q L A A A A I Q B D D T O
E Z T D U R R T A U Y I K
E E T G D E E U I K N V H
M E N Y Z T F T F O B E Y
T A D Q R P C P I V N U S
L T S A R T N O C L D E S
N L Z P C U F E Y R L B N
Q M G S X O L J B F C A D

LIBRARY INITIATIVES

WORLD BOOK DAY—THURSDAY 7TH MARCH

Next Thursday is World Book Day!

We have organised a number of events in the lead up to World Book Day, including a quiz for all of year 7.

A Readathon and back by popular demand, Southchurch High School edition of



On Monday, every student will receive a **£1 book token.**

This can either be put towards a book of their choice in most bookshops, or can be exchanged for one of the World Book Day selected titles for FREE! You can find the list of £1 books here:

<https://www.worldbookday.com/books-and-tokens/>

Happy reading!



DESIGN A NATIONAL BOOK TOKEN COMPETITION 2024



Welcome back to the **DESIGN A NATIONAL BOOK TOKEN** competition, the annual nationwide contest that encourages young people to share their creativity – and their love for books and reading – by designing their own fabulous gift cards!

The winning entrants can bag **HUNDREDS** of pounds worth of National Book Tokens for their schools – including, for the overall winner, a **£10/€12** National Book Token in their winning design for every student in their class!

This year's theme is **READ YOUR WAY**. Every reader is different, and there's no right or wrong way to enjoy reading. Encourage students to think about what reading looks like for them, and what it can look like for others.

To enter, students should design a National Book Tokens gift card with this theme in mind – and thinking about what might make their gift card appeal to customers if it was on display in a real shop.

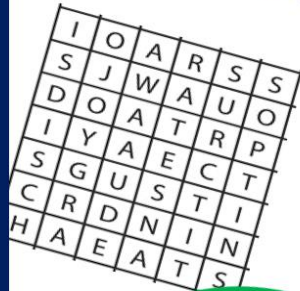


WORLD BOOK DAY

DESIGN A BOOK TOKEN AT BREAK/LUNCH THROUGHOUT THE WEEK IN THE LIBRARY



VISIT THE LIBRARY AT BREAK/LUNCH EVERYDAY FOR ACTIVITIES SUCH AS WORDSEARCHES, RIDDLES AND MORE...



THE MASKED READER IS BACK! GUESS WHICH TEACHERS ARE BEHIND THE MASK EVERYDAY IN FORM!



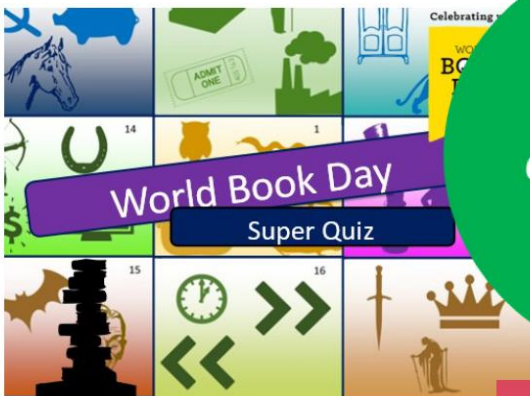
GOLDEN TICKET EVENT RUNNING IN THE LIBRARY ALL WEEK



GOLDEN TICKET

Find a book with a Golden Ticket inside, take it home and read it, complete the quiz on Accelerated Reader and claim your prize!

THURSDAY LUNCHTIME TAKE PART IN OUR PICTURE QUIZ IN THE CANTEEN



World Book Day

Super Quiz

ON MONDAY EVERY STUDENT WILL RECEIVE A WBD TOKEN – THIS CAN BE REDEEMED IN ANY BOOKSHOP

A GROUP OF STUDENTS HAVE BEEN SELECTED TO TAKE PART IN AN ALL-DAY READATHON ON THURSDAY. STUDENTS WILL BE HANDED THEIR INVITATIONS THIS WEEK!



READATHON

SOUTHCHURCH HIGH CLUBS



EVERYDAY CLUBS MONDAY-FRIDAY FOR ALL YEARS

Breakfast Club
7am, all years, Canteen

Homework Club
3.05pm, all years, The Hub

Library Afterschool Club
3.05pm, all years, The Hub

MONDAY

BEFORE SCHOOL

Athletics – Endurance

7.30am, all years, Field

Dodgeball

7.30am, all years, Sports Hall

LUNCHTIME

Drop in Chess Club

All years, The Hub

Y7 Football MUGA

AFTER SCHOOL

Art Club All years, A020

Athletics – Sprinting

All years, Field

Chess Club All years, The Hub

French Spelling Bee

Y7, C005

Southchurch Choir

All years, Music room

Sports Leaders

Y9, location TBC

TUESDAY

BEFORE SCHOOL

Southchurch Athletes

7.30am, by invitation, Sports Hall

Spinning

7.30am, all years, Gym

LUNCHTIME

Library Club All years, The Hub

Photography/Film Club

All years, A136

Y8 Football MUGA

AFTER SCHOOL

Archaeology Club

Y7,8,9,10, A131

Boys/Girls Football

All years, Sports Field

Cheerleading All, Sports Hall

S.T.A.G.E – School

Production Club

Cast Members, C003

PE Intervention Y10, C000

WEDNESDAY

BEFORE SCHOOL

Athletics – Endurance

7.30am, all, Sports Hall

BREAKTIME

Library Club All years, The Hub

LUNCHTIME

Drop in Chess Club

All years, The Hub

Y9 Football MUGA

AFTER SCHOOL

Athletics – Throwing, Field

Badminton

All years, Sports Hall

Chess Club All years, The Hub

Gardening Club

All years, Garden

Keyboard All, Music room

S.T.A.G.E – School Production

Club Cast Members,
Drama Studio

THURSDAY

LUNCHTIME

Historic Castle Building

KS3, A117

Drop in Chess Club

All years, The Hub

Y10 Football MUGA

AFTER SCHOOL

Computing

All, Computer Room

DofE Club Year 9, C002

Drama Club

KS3, Drama Studio

Guitar Club

All, Music Room

Netball Y7,8,9, Sports Hall

Rugby Club

KS3, Sports Field

STEM and Science Club

(Week B only) Y7, 8, 9, A119

Southchurch Newspaper

KS3, G4

H&S Care, Food Tech &

PE Intervention, B102

FRIDAY

BEFORE SCHOOL

Southchurch Athletes

7.30am, by invitation, Sports Hall

LUNCHTIME

Carnegie Book Club

Y9-11, G5

Drop in Chess Club

All years, The Hub

Karaoke Club

All, Drama Studio

Maths Challenge

All, A030

Y11 Football MUGA

AFTER SCHOOL

S.T.A.G.E – School

Production Club

Cast Members, Drama Studio

French Spelling Bee

Y7, C005

Gardening Club

All years, Garden

Hockey

All years, MUGA

16-19's

STUDY PROGRAMME

MARCH 4th 5-7pm

LEARN

OPEN EVENING

COME AND MEET US

TASTER SESSION, CAREERS ADVICE
COLLEGE TOUR, REFRESHMENTS, ACTIVITIES

MARCH 4th 5-7pm

southend adult
community college

Career Builder Schemes Open Evening

Fancy a career in engineering? Our Career Builder Schemes give you the chance to earn a nationally recognised Level 2 or Level 3 qualification while being employed

Ipeco, Airport Business
Park, Rochford SS4 1YH



14 March 2024
From 4.30 PM



Register Now

trainingcentre@ipeco.com
www.ipeco.com/careers



Ipeco

aircraft crew seating | executive jet passenger seating | electric galley inserts



CAREERS

NEWS & UPDATES

March 2024



Southchurch High School will be celebrating National Careers Week 2024 from 4 – 9 March!



Join us to participate in

National Careers Week!

4th-9th March 2024

When?	What?	Where?
Monday 4th	Virtual careers fair	Virtual, link on Teams
Tuesday 5th	T-Levels	Virtual, link on Teams
Wednesday 6th	World of Work Day with activities and quizzes	Breaktime, in the canteen
Thursday 7th	Skills Suitcase	Breaktime, in the canteen
Friday 8th	Take the Buzz Quiz!	Virtual, link on teams

National Careers Week

NCW

FREEBIES for all attendees!
Check Teams Careers for more information!

National Careers Week (NCW) is a one-week celebration of careers guidance across the UK. The aim is to provide a focus for careers guidance activity at an important stage in the academic calendar to help support young people develop awareness and excitement about their future pathways.

The Parents' Guide To have produced this useful NCW 2024 booklet – download your copy by clicking [this link](#)



NCS Away from home - Information Events

Whether you're looking to make a difference in the world, you're an aspiring entrepreneur or you're wanting to gain new skills for life, our NCS experiences are for you.

Now your 15-17 year old has the same opportunity to embark on an exciting new adventure where they can make friends, build their confidence, and develop and strengthen their skills for work and life.

Want to find out more? We will be hosting a series of NCS information sessions.

Wednesday 6th March - 7pm. Please sign up to the eventbrite event:
<https://www.eventbrite.co.uk/e/820006410247?aff=oddtcreator>

Wednesday 17th April - 7pm. Please sign up to the eventbrite event:
<https://www.eventbrite.co.uk/e/820026219497?aff=oddtcreator>



WEARENCS.COM

National Citizens Service (NCS) will be delivering an assembly to our **Year 11** students on 11 March. If you would like to find out more as a parent/carer, they are offering a series of information sessions as outlined on the flyer.

[Click here](#) for 6 March registration

[Click here](#) for 17 April registration