

08 January 2021

Weekly newsletter - No 16

Welcome to the Spring Term

We hope you were able to enjoy the Christmas break as much as possible during this very challenging time.

As you are aware, students are now being educated remotely for the start of the 2021 Spring term, according to Government advice.

Remote learning will be delivered via Microsoft Teams. Students should expect 5 lessons each day. We understand that many households require devices to be shared, so we are trying to spread the demand. Therefore, we will be delivering at least one live lesson, per subject, per week, via Teams. This will allow students direct interaction with their class teacher. Your child's teachers will let them know when there is a live lesson. In the case of subjects which are taught only once a week, such as Classics or Performing Arts, this will be on a less frequent basis. Students will also receive schoolwork via teams which supports the subject matter taught in the live lesson. Students should complete all work that has been set and use the live lesson as an opportunity to discuss their ideas with their teacher. Please support your children with their learning as we start this new term.

The school office will be contactable on a daily basis, whilst a Designated Safeguarding Lead (DSL) will also be available every day.

If you wish to email a general enquiry please use: info@southchurchschool.com

We also have 'Wellbeing Coronavirus Support' information on our website, with guidance, support and contacts for students, staff, families and carers to access information to help with our mental health and wellbeing.

CAREERS

During this very challenging past year, one sector that has been able to continue working is construction. With so many various roles available, there really is something for everyone, no matter what skills, exam grades or interests you have. The industry is crying out for females too!

Please take a look at the full presentation on MS Teams to understand what is happening in construction in Essex and the opportunities available. If you would like any further information or have any questions please do not hesitate to contact me:

asmith@southchurchschool.com



ACCESSING MS TEAMS THROUGH AN XBOX OR PS4

If you have an XBOX or PS4 at home, you can access MS Teams through these consoles too!
Just follow the instructions below:



XBOX

1. Go to Home Menu
2. Select *My Games and Apps*
3. Scroll down to Apps
4. Got to *Microsoft Edge* application
5. Type in a search for *Office.com*
6. Click on *Office 365 login*
7. Login using usual login details
8. Go to left hand side column – *T icon (Teams)*
9. Login into MS Teams with usual logins

PS4

1. Use controller to scroll far right to *Library*
2. Select *Library* application
3. Within *Library*, use search bar to type *Internet*
4. Select the *Internet Browser* app
5. Search *Internet Browser* and press controller triangle button to search
6. Once on the internet, type *office.com* in search box
7. Click on *Office 365 login*
8. Login using usual login details
9. Go to left hand side column – *T icon (Teams)*
10. Login into MS Teams with usual logins
11. Login using usual login details
12. Go to left hand side - *MS Teams*
13. Login into MS Teams with usual logins

Contact Details

Please can we ask that you inform the school of any changes to your contact details: - address, email, mobile and home telephone numbers, so that we may update records to ensure continued communication.



Remote Learning Information

If your child has any issues with getting online or any queries with the lesson work, please let us know as soon as possible. You can call the school office and leave a message or alternatively send an email to the teacher.

Your child's Head of Year and Pastoral Support are also available if they have any concerns, below is a list of their email for reference:

- | | |
|-------------------------|--|
| Year 7 - Mrs Miller | zmiller@southchurchschool.com |
| Miss Ramsey | jramsay@southchurchschool.com |
| Year 8 - Mrs Wells | vwells@southchurchschool.com |
| Mrs Tower | ltower@southchurchschool.com |
| Year 9 - Mrs Daly | cdaly@southchurchschool.com |
| Miss Stannard | cstannard@southchurchschool.com |
| Year 10 - Mrs Elliott | telliott-waldron@southchurchschool.com |
| Miss Cass | pcass@southchurchschool.com |
| Year 11 - Miss Atkinson | tatkinson@southchurchschool.com |
| Mr Parsons | jparsons@southchurchschool.com |

FREE SCHOOL MEALS

Due to the current climate and probability that some households may have unfortunately lost their income or be on a considerably reduced income your child may be eligible for free school meals. If you are in receipt of any of the benefits listed below you may be eligible to claim for your child, while the school is closed and receive free school meal vouchers.

Are you currently receiving one of these benefits?

- Universal Credit with an annual net earned income of no more than £7,400.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190

If you do receive one of the benefits listed above, all you need to do is go to Southend Borough Council website to complete a short online form, which you can access at:

https://www.southend.gov.uk/info/200343/help_with_costs/56/free_school_meals

A simple check will be carried out and the school will be notified of the outcome of your application.

You will need the following information to complete the form:

- First and Last Name of parent(s) that child resides with.
- Date of Birth of parent(s) above.
- National Insurance Number of parent(s) as above.

ARE YOU UP FOR THE CHALLENGE?

Use every letter in your full name to make a family workout!

A – 50 Jumping Jacks

B – 20 Crunches

C – 30 Squats

D – 15 Push Ups

E – 1 min Wall Sit

F – 10 Burpees

G – 20 Plyo Lunges

H – 20 Jump Squats

I – 30 Jumping Jacks

J – 1 min Plank

K – 10 Push Ups

L – 20 Tricep Dips

M – 20 Burpees

N – 25 Burpees

O – 40 Jumping Jacks

P – 15 Plyo Lunges

Q – 30 Crunches

S – 30 Jump Squats

T – 15 Burpees

U – 30 Tricep Dips

V – 2 min Wall Sit

W – 50 Calf Raises

X – 60 Jumping Jacks

Y – 2 min Plank

Z – 20 Push Ups



COMING SOON!!! Children's Mental Health Week

This year's theme is: **"Express Yourself"**

Place2Be are raising awareness on the importance of children and young people's mental health.

#ChildrensMentalHealthWeek



USEFUL LINKS

If your circumstances have changed and you would like to apply for Universal Credit:

https://www.southend.gov.uk/info/200231/benefits/788/what_is_universal_credit

If your circumstances have changed and you would like to apply for Free School Meals visit the Southend Council website:

https://www.southend.gov.uk/info/200343/help_with_costs/56/free_school_meals

Government UK – FAQ regarding Free School Meals:

<https://dfemedia.blog.gov.uk/2020/04/17/free-school-meals-covid-19-faq/>

Help your students get started with Microsoft Teams for Education



Microsoft Teams for Education brings conversations, content, assignments and video meetings together in a secure learning experience. With Teams, parents and guardians can help their students connect with their teachers and learn from anywhere.

Setting up Teams



Set up a learning environment

To join an online class or video meeting in Teams and access Teams chats, files, and assignments from home, your student will need a computer, tablet or smartphone.

If you can, try to set up a space free of distractions and background noise.

Open Microsoft Teams

You can use Teams from most web browsers or by downloading the app.

- To download the Teams app on mobile or desktop, visit aka.ms/getteams.
- To use Teams on a browser, visit office.com and click on the Teams icon, or visit teams.microsoft.com.



Sign In

Your student can sign in with their school email and password.

Using Teams



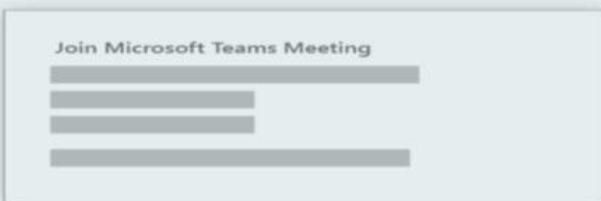
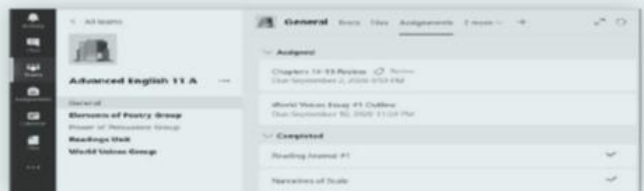
Connect and collaborate with classmates

1. To make sure your student is collaborating and to view Team messages, go to the Team and channel you would like to see.
2. Any messages the teacher or other students have left will appear in the large conversation space on the right.
3. If your student has a question, they can reply directly to a message by clicking **Reply** below the message box.
4. When they're ready to send just hit enter, they can also click on the arrow icon on the right.

Do and submit assignments

1. Navigate to your desired channel for your student's class team and select **assignments**.
2. Their **Assigned** work will show in order of due date. Select any assignment card to open it and view the assignment's details.
3. Select **+Add work** and upload the file, then select the **Turn in** button to turn in an assignment before its deadline.

Note: Make sure that your student's file is attached prior to submitting. For more help visit the [assignment support page](#).



Join class meetings

1. To help your student join their class Teams meeting find the invite and select **Join**. Check your student's school email for the invite or click on the calendar tab.
2. You have two choices:
 - **Join Microsoft Teams Meeting** : Enter a meeting from your Teams meeting invite.
 - **Dial-in number and conference ID** : Use these if you need to call into the meeting.
3. Choose the audio and video settings you want and select **Join now**.
4. For more information and to see best practices visit the **Meetings** resource.

Explore class apps and take notes

1. Click the **Apps** icon on the bottom left to explore apps available for Teams—including Office 365, Kahoot, Wiglet, Flipgrid, Nearpod, Bunsy and more.
2. If the teacher has made one available, access the Class Notebook and take notes in OneNote.

